



Greetings from the President



Genny Fulp, President

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Hello Members,

Happy Fall! It was a wonderful summer, as the weather was especially good most of the time, and many times was just right. As we head into our fall season, I want to welcome each of you to the beginning of our new year and our new board members.

As this newsletter is going to print, I want to point out that we, as of this date, do not have a permanent home for our monthly business meeting. Not sure if some of you know but the Jessie Wright Suites has been sold. Many venues are being looked at, and as soon as one is chosen you will certainly know. Also, there are two events on September 18th, our business meeting and the Food Bank's 40th anniversary Open House. As a courtesy to the Food Bank we will be changing our business meeting to another date.

We recently had our Retreat, and it was a great start for our club. I want to thank the new committee chairs: **Sherry McLellan** –

Service Committee; **Gale Brodie** – Operating Committee; and **Tracey Edwards** – Public Relations. I hope you give them all the support and help they need when they look to the club for help on the various projects they oversee. No matter which committee oversees an event, the entire club is also a part of that event as well.

I believe they are off to a great start as the Service Committee already had an event, the Multi-Cultural Festival, where many of you were able to help and support. In October we have the Giant Pumpkin Festival on October 4th & 5th, in E.G. Park. The committee will likewise need help on both days, and I know many have already spoken up and will be available to assist. Also, this month is our Bunco Game at Camden Springs Gracious Retirement Living on September 27th. This is a good fundraiser for our club, as it is only about 4 – 5 hours of time, and many dollars for some of our other projects we may have.

We are also hosting the District 3 Fall Meeting on October 18th, and I hope we have everybody ready to support this event. No firm plans to date, but the committee will have several meetings in getting ready for this and it will take many hands to have it work. This event will be held at Cosumnes River College's cafeteria. This event will be "all hands on deck," just like our See's candy store, which you will be hearing more of in a short time. Both events will take all of us to assist, so please be ready when asked.

As we finally approach our first Business Meeting for this year, please give your ideas and opinions to the new board or at a business meeting and see where we are able to help make it happen.

Thank you for all you are doing!

Genny Fulp
President, SIEG



2nd Wednesday Lunch



Lodi Airport Cafe

This month we will meet at [Lodi Airport Cafe](#), at 23987 N. Highway 99, Acampo, at 11:30am, on September 10th. Here is their [lunch menu](#).

Last month we ate at Brewster's; everyone enjoyed their meal.



SAVE THE DATES - Fun times ahead!

September 5th	September 10th	September 18 th	September 27	October 18
Program Meeting, CCSD Admin Bldg.	2 nd Wed. Lunch Lodi Airport Café, Acampo	Elk Grove Food Bank Open House	Bunco Camden Springs Gra- cious Retirement Liv- ing	District 3 Fall Mtg. Cosumnes River College
7:30 am - 8:30 am	11:30 a.m.	4:30-7:00 pm		

Mark Your Calendar!



District 3 Fall District Meeting

October 18, 2014

Cosumnes River College
8401 Center Parkway
Sacramento, CA 95823

The District Meeting runs
from 8:00am – 4:00pm

New District Director Barbara Smiley will lay out her plan for the year. It should be exciting, so make sure you attend. Support Barbara and support your club. [Click Here](#) for a map.

September's Special Birthdays

September 16 – Faye Bundesen

September 26 – Mary Lewis



EGUSD Teacher Earns National Recognition

From EGUNews

Mike Jones, an Elk Grove Unified School District resource teacher, has been selected by U.S. Senator Diane Feinstein to receive the Congressional Coalition on Adoption Institute's (CCAI) *Angels in Adoption* award. He will be recognized at an awards ceremony in September in Washington, D.C.

Jones is being honored for his work in EGUSD and his own non-profit organization, Courageous Connection, which addresses foster youth needs. For the past seven years, Jones has been instrumental in creating and facilitating the foster youth advisory classes at several EGUSD high schools. These classes are designed to provide information and support to students in foster care. He began his focus on foster youth as a teacher at Laguna Creek High School, recruiting staff and administration to facilitate an advisory class for foster youth to support their academic needs. Jones has also enlisted the help of the community to begin Courageous Connection and support other foster youth needs, such as prom dresses and tickets, as well as bus stickers. [Click here for more information about Courageous Connection.](#)



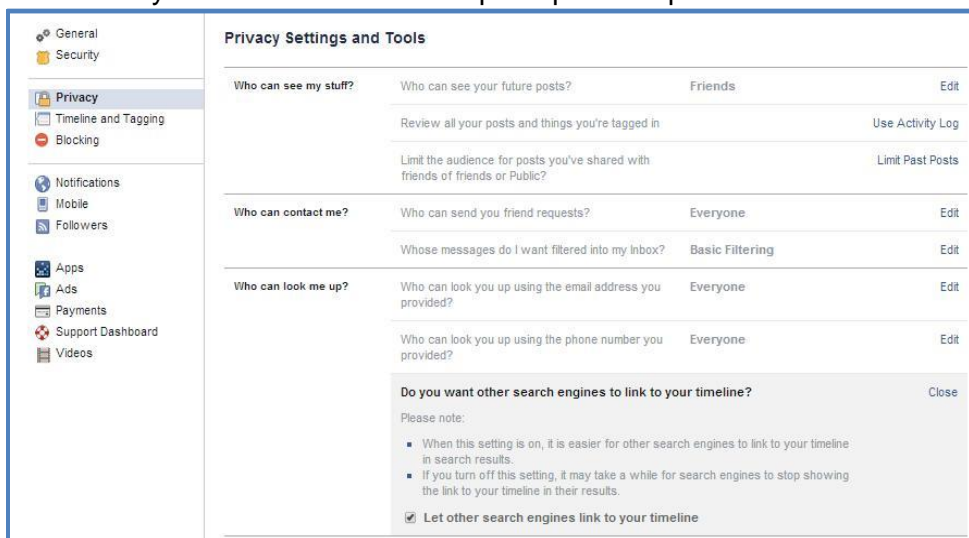
Facebook 101

Submitted by Tracey Edwards

Well, I hope everyone had a wonderful summer! Everyone is concerned about their privacy – which is a good thing. There are horror stories out there of people's identities being stolen, or Facebook pages being hacked. One way you can prevent your Facebook page from being hacked, other than having a good strong password, is to set your privacy settings tight. Click on the little lock on your Facebook page, and this drop-down menu will appear.



Click on any of the down arrows to open up more options.



This is where you choose: who can see your posts, pictures, Likes, etc.; who can contact you through Facebook and who can send you friend requests; and how you can stop someone from bothering you.

I'm always open to questions; drop me a line. If you're wondering about something, chances are so are other members.

Due to the fact that I was unable to obtain a meeting space as part of my President-Elect duties, Sandi has extended her home to the club on Wednesday, September 24th at 6:00 pm.

Tracey Edwards

On The Web

Here are some quick links for when you're wandering through the Web looking for interesting and informational tidbits!

[Our \(SIEG\) Programs](#)
SI Elk Grove

[My Sister's House](#)
Soroptimist SNR

[Our Global Impact](#)
SI of the Americas

[SoroptiVoice Blog](#)
Soroptimist Int'l

Please share with your editor when you find something interesting that your fellow members would benefit knowing about, whether a photo, a video, or blog.

We're on Facebook. Are you? Find us here:
www.Facebook.com/SoroptimistElkGrove

Find the Facebook SNR Group here:
[Soroptimist Sierra Nevada Region District III](#)

“Out ‘n About”

On August 15th, Lena Oneto and Tracey Edwards attended a Roast for Lions Past District Governor Andy Anderson in Roseville.



On August 19th, President Genny Fulp and President-Elect Tracey Edwards attended the



Elk Grove Chamber Mixer at the Kaiser Permanente Promenade location. They were able to hand out flyers for our upcoming Bunco fund

raiser (September 27th) and our See's candy Store (opening November 22nd.)

On August 23rd, SIEG had a great showing at the 3rd Annual Multi-Cultural Festival held at Elk Grove Regional Park. Members who worked the booth included: Mary Lewis, Kristine Smith, Tracey Edwards, Karin Lindner, Bobbi Jordan, Sherry McLellan, Holly Taylor, Annajean Neill and Janet Brabender. And many thanks to Genny (and Doug) Fulp and Peggy Ursin for setting up the booth the night before.



Mary L., Kristine S. & Tracey E.

Lessons Learned can be found in the Member's area of our website.

SIEG Member Retreat

Members gathered together August 11 for our Annual Retreat. Thank you to Joyce Link for making the arrangements!



Below are some photos from that event.



We broke for lunch and some members enjoyed their lunch on the patio.



The members met to get the ball rolling for each of the committees.



And, at the end, we all got together for a picture!



September Meeting Speaker

Vice Mayor Jim Cooper will be our first speaker of the new year. Cooper has 14 years as Elk Grove's Mayor and City Councilmember. Prior to that he had 30 years of law enforcement service with the Sacramento County Sheriff's Department as a Captain.

Cooper is a former Commander of Sacramento Valley High-Tech Crime Task Force, and the Gang Suppression and Major Narcotics Division. He is the current Commander of the Court Security Division.

He is a highly decorated officer, earning the Bronze Star for Bravery and recognized for heroic undercover work and gang investigation.

*We would love to hear from you!
Here's our contact information:*

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www.SoroptimistElkGrove.org

Email us at:

hello@SoroptimistElkGrove.org

SIA Convention Report – Vancouver, BC

by Peggy Ursin



Peggy Ursin, Vancouver, BC

How to compress four days of presentations, excitement, new faces, new friends, ideas, business discussions, a pinch of partying, plus pages and pages of notes into a quick article? Nope, can't do it! How about a few notes over the span of a few newsletter articles? Much better idea.

The SIA Convention brought together women from 29 regions, from more than 450 clubs, with translators speaking through earpieces to guests in Spanish, Mandarin Chinese, Japanese, Portuguese, and Korean. Women on the stage, with the aid of teleprompters, were featured on two huge screens, so everyone in the giant assembly felt like they were "up close and personal" with every speaker. More than 1,100 women filled the convention hall, meal banquets, both small and large workshops, and

brought a tremendous presence to the Convention Center and Canada Place, Vancouver's gateway to the world. Right outside the doors were cruise ships docking and departing, seaplanes buzzing about night and day, and a glorious bay ringed by city and mountains.

As your delegate, I had the privilege of voting on proposals, using a little gizmo that resembled a flat palm-sized calculator. Vote tallies showed up on the big screens immediately. Some of the votes were for minor changes in wording, but the big items (annual dues increase and re-naming the Women's Opportunity Awards) brought arguments pro and con, extra motions on amendments, changes, wording issues, etc. In all, I voted about seven times. Then I learned that every club president in the Federation will receive a ballot in the mail to again vote on the various proposals – and THAT vote is the binding one. Sort of made me wonder, why did we bother?

Our Sierra Nevada Region had an amazing represent-

tation, with at least 55 women there. On photo day, at 8:20 a.m., the photographer was hard pressed to get everyone into the picture! Since he didn't know any of us, he directed us by clothing color. To Sharon Warner, President of SI Placerville, he yelled, "Hey purple, move to the right!"

Several statements by speakers resonated with me. One was, "If our organization is to transform, we must perform," and another woman quoted Socrates who wrote, "The secret of change is to focus all of our energy not on fighting the old, but on building the new." Liz Lucas, the Executive Direct of SIA back in Philadelphia told the group that we dilute our power by working on every issue. Instead we should concentrate on women and girls, education, and empowerment. As I looked around the giant room and saw heads nodding, I quickly realized that the issues we discuss in Elk Grove aren't all that different from issues throughout the Federation! Thank you for supporting my dream of attending an SIA Convention. I prom-

ised you members three things: 1) I wouldn't get pregnant; 2) I wouldn't get a tattoo; and 3) I wouldn't use gift money for bail. I'm happy to report that I kept all three promises! In my next report: details on the new program focusing on the power of girls.

[Click here](#) for information on where the SIA Convention 2016 will be held in Orlando, Florida. Mark your calendars for July 20-23, 2016. More information will follow as available.



This was on the side of a truck that Peggy saw as she was walking down the street in Vancouver, BC, and thought it would be an interesting business in our area!

Random (and sometimes wacky) Tips

Submitted by Sherry McLellan

What a great idea for camping or backyard barbeques! Just turn a flowerpot upside down and place a solar light in the drainage hole! Instant outdoor lighting! Genius!



SIEG OFFICERS

Genny Fulp
President

Tracey Edwards
President-Elect

Janet Brabender
Treasurer

Betty Matsui
Asst. Treasurer

Peggy Ursin
Recording Secretary

Marly Hansen
Corres. Secretary

Gale Brodie
Karin Lindner
Delegates

Diane Hollingshead
Club Ambassador

Parliamentarian

Tracey Edwards
Newsletter

Watermelon Mojitos

Submitted by Sherry McLellan



This is a wonderful and refreshing drink for our hot weather! Yum! This recipe makes about six servings and it is easy to make ahead if you're having guests.

Ingredients:

30 large fresh mint leaves,
coarsely torn by hand
3 – 4 thick slices fresh watermelon
12 ounces light rum, such

as Bacardi

½ cup simple syrup (see below)

6 tablespoons freshly squeezed lime juice (about 3 limes)

Sprigs of mint and spears of watermelon for serving

Instructions:

1. Use a mortar and pestle (or improvise like I did with a bowl and the back of a spoon) to mash the mint leaves. Remove and discard the rind and seeds of the watermelon.

2. Put the fruit into a food processor or blender and puree.

3. Put the mashed mint into

a large pitcher with 2 cups of pureed watermelon, the rum, syrup and lime juice.

4. Stir to combine. Pour the mixture into a pitcher for serving.

5. Place ice cubes in 6 glasses and pour the mojito mixture into the glasses.

6. Garnish with sprigs of mint and spears of watermelon if desired.

For simple syrup: put 1 cup sugar and 1 cup water in a small pan and simmer until the sugar is dissolved. Chill.

From **Barefoot Contessa**
How Easy is That?

CALENDAR SNAPSHOT

Sept. 5 Program Meeting, CCSD Admin Bldg, 8820 Elk Grove Blvd. Conf. B, Elk Grove

Sept. 8 Board Meeting – Marly Hansen, 11000 Mann Rd., Wilton, 95693

Sept. 10 2nd Wednesday Lunch, Lodi Airport Café, 23987 N. Highway 99, Acampo

Sept. 27 Bunco Fundraiser, Camden Springs, 8476 Sheldon Rd., Elk Grove

Oct. 3 Program Meeting, CCSD Admin Blvd, 8820 Elk Grove Blvd. Conf. B, Elk Grove

Oct. 18 District 3 Fall Meeting, CRC Cafeteria, 8401 Center Parkway, Sacramento

Soroptimist Websites

SIERRA NEVADA REGION
WWW.SOROPTIMISTSNR.ORG

Governor: Jackie DeMartini

SOROPTIMIST INT'L OF THE AMERICAS
(FEDERATION)

WWW.SOROPTIMIST.ORG

President: Cheri Fleming



SOROPTIMIST INTERNATIONAL
WWW.SOROPTIMISTINTERNATIONAL.ORG

President: Ann Garvie



September 2014

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31 Black – SIEG Green – Fun Orange – Supporting Blue - Info	1 	2	3	4	5 Program Meeting, CCSD Admin Bldg. 7:30 am	6
7	8 Board Mtg. Marly's House	9	10 2nd Wednesday Lunch Lodi Airport Cafe	11	12	13 Senior Center Pancake Breakfast
14	15	16	17	18 EGFBS Open House – 40th Anniversary	19	20
21	22	23	24 Business Meeting Sandi Russell's Home 6:00 pm	25	26	27 Bunco Fundraiser Camden Springs Gracious Retirement Living
28	29	30				