

Soroptimist International of Elk Grove

"Improving the lives of women and children locally and throughout the world.

Greetings from the President



Leigh Nurre, President

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Hello,

September just whizzed by, didn't it? We had so much going on. We started off with an economic update from Mayor Gary Davis at our first program meeting of the year. (Great to hear that Elk Grove's future is progressing with more stores, more jobs, and more restaurants from which to choose.)

We had a great turnout for our Business Meeting, and we planned our attendance at local fairs and festivals: Sheldon Heritage Arts & Crafts Fair in September (9/29), the Giant Pumpkin & Harvest Festival (10/5-6) and the Elk Grove Police Department Safety Fair (10/26). Please contact Diane if you can help. Volunteers are still needed for the Giant Pumpkin and Safety Fair events.

Other important dates this month include Soroptimist Founder's Day (10/3) and our Club's Founder's Day (10/25). Since 1921, women have been working to improve the lives of women and children locally and globally. Every year, we touch more lives. We help children by helping their Mothers. And, we help girls see the benefit of thinking outside of their own needs, and helping in

their community.

We're fast approaching the initial application process of the Violet Richardson award; this year, let's keep in touch better with our winner. Maybe through her (and other applicants) we can increase our membership by bringing awareness of what we do for their Moms.

With your help, and your passion, this is going to be a great year. We already have a strong start!

Leigh President of SIEG

"Antumn is a second spring when every leaf is a flower."

~ Albert Camus

Thank You by Mary Ann Chappelle

I would like to say "Thank You" to all the members who attended my husband Mike Chappelle's funeral service. To those who brought food also, a sincere "Thank You." And finally, to those who sent cards, "Thank You" as well. I feel really loved by all of you.

The day I feared most became a beautiful day, thanks to you and all those who remembered him and our family.



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2nd Wednesday Lunch Bunch



Silva's Portuguese Bean Soup

Join us **Wednesday, October 9th** at **Sloughhouse Inn** at 11:30a.m. They are located at 12700 Meiss Road, Sloughhouse. <u>Click Here</u> for their menu.

Last month we had a wonderful time at *Thai Chili*. We had an outstanding turnout! Here's a picture from that lunch; we hope you'll join us this month!





Cheri Fleming is the new President of SI of the Americas. Click on this <u>Link</u> to see her video sharing her excitement and her ideas for 2013-2014.

September Program Meeting

Launch Domestic Violence Awareness Month – October

Celebrate with the three sisters: A Community For Peace - My Sister's House - WEAVE

Tuesday, Oct 1st, 4:30 p.m. - 6 p.m. at Sac State Alumni Center

There will be performances by local multicultural artists.

VIP reception with light appetizers to follow performances

http://www.weaveinc.org/event/one-voice-peace

We had a wonderful turnout of members – 22! Thank you, Genny Fulp, for arranging for Mayor Gary Davis to be our first speaker of the year. Here are some tidbits from the Mayor's speech:

- Promenade Mall will follow market trends and be a high-end outlet style mall with a movie theater and 7-8 nice restaurants. Opening tentatively scheduled for October 2015.
- Elk Grove is increasing the healthcare sector with CA North State College of Pharmacy
- Another state agency is coming in, bringing 1500 more jobs.
- A new civic center with a performing arts venue, flexible space for art exhibits, a new innovative li-

- brary, and a children's museum may also be developed.
- The City is looking to the future to have an aquatics complex with an Olympic-size diving pool that could be used for the Olympic Trials.
- Planning Area, which includes 1200 prezoned acres west of the Mall, will provide for twice as many jobs, with the possibility of a major corporate campus, a town center, light rail, high-end retail, mixed use retail and residential, and an elite private university.
- ServeElkGrove.org, a non-profit website, is a clearinghouse for service projects and service needs in the

- community. You can submit a project, sign up as a volunteer, or find a service project by visiting the site.
- In the works, in Old Town Elk Grove, is a future plaza with minimal landscaping to enhance future Food Truck mob gatherings.

Elk Grove has a proud heritage and a bright future!

*67

There may be times when you don't want to give out your number. So, remember to dial *67 (star 67) to hide your phone number when calling from any phone.

Thank you, Audrey Acquisto!

Short Takes

A few observations from the Sept. 19 Business Meeting: With Recording Secretary Diana Holcomb out of town, Leslie Konopinski stepped up to take the minutes. Thanks, Leslie!

Annajean Neill gave a Happy Dollar in honor of her little granddaughter, who landed the position of "Head" Oompah Loompah in a production of "Charlie and the Chocolate Factory." Knock 'em dead!

Jane Morse demonstrated that she's "still got it" as she managed a few kicks and a shimmy while navigating with her walker. Keep it up, Jane!

President Leigh brought along a bottle of Soroptimister spouse Charlie's white wine. Thank you, Leigh.

Karin Lindner created a lovely "Tea" basket for the Rotary's Beef & Reef Fundraiser. Karin, you're becoming well-known for

those baskets. Members, did you see the mention of Karin in the Elk Grove Citizen about her baskets being featured at the Strauss Festival/Elk Grove Lions fundraiser?

And a quick reminder: our Program Meetings will be at the Fire Dept. Training Center from here on out. There is lots of room, lots of parking, peace and quiet – an excellent site. And not hard to find, once you've been there!

We would love to hear from you! Here's our contact information:

Soroptimist International of Elk Grove P.O. Box 881 Elk Grove, CA 95759

www.SoroptimistElkGrove.org

Email us at: hello@SoroptimistElkGrove.org

Member Bio - Meet Jane Morse

Jane Morse joined Soroptimist International of Rio Cosumnes in 1985. She was invited by her exsister-in-law, a Soroptimist, who told her, "You'll love it!"

When asked what she enjoyed the most about being a Soroptimist, Jane's quick response was "camaraderie." She thinks you're "all nice gals." (And as a new member, I agree! (Editor Tracey))

Jane's favorite part of being a Soroptimist is helping at



the annual See's Candies Store. She has had every job except that of president. I asked Jane what would members be surprised to know about her, and she mentioned a tap dancing dare! It seems that Elaine Wright told Jane that she would take on the role of Club President if Jane learned how to tap dance. Well, even though Jane was 70 at the time, she took the dare and learned to tap dance. And, as you know, Elaine Wright was the Club President twice (93-94 and 00-01). Way to go, Jane!

Jane is proud of her three grown children: Sandra Jane, Scott David and Mathew David. She's the happy grandmother to three granddaughters and one grandson. She also has one great-grandchild. All of them live in Idaho, except her grandson who lives nice and close in Elk Grove.

Thank you, Jane for sparing some time for questions. And, thank you very much for being our first Club Member Biography.

Congratulations to member Genny Fulp & her husband Doug – they celebrated 41 years of marital bliss on September 30th!

Genny & Doug were blessed with 3 children total (2 sons and 1 daughter.) They also have 6 grandchildren and 5 great-grand boys. And they said it wouldn't last; still happy after all these years!



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"Out 'N About"



A few Soroptimist members were out and about at the St. Joseph Catholic Church Festival, on Sunday, September 8th. It's Genny Fulp, selling hamburgers and hotdogs, proudly wearing her Soroptimist apron; Janet Brabender, enjoying the Festival; and Denise Costello finger-printing children.

It was a successful festival with many in attendance!

SOLT

Soroptimist members often hear about "Live Your Dream" and may not really know what that's all about. Well, it's a grass-roots public relations campaign that was launched in 2006, aimed at spreading the mission of Soroptimist.

Over the years, contests have been held for artwork and achievements, and the square blue pins are available for purchase to wear as a means of increasing awareness of Soroptimist goals. We often give a Live



Spotlight Elk Grove 2013



Karin and Gary Lindner, Leslie and Jim Konopinski, Genny and Doug Fulp, and Tracey and Jack Edwards were out and about at the Spotlight Elk Grove, 2013. Leslie, Genny and Tracey and spouses had their picture taken at the photo booth. Karin and Gary were enjoy-

Your Dream pin to a guest speaker or visitor as a reminder of our club's dedication to helping girls and women to aim high, work hard, and "Live your dream."





Spotlight Elk Grove 2013

ing the festivities, while Diane Hollingshead was busy selling raffle tickets.

Diane and her husband Phil took morning walks during their annual monthlong vacation in Santa Cruz (along West Cliff Drive) several times a week after stopping at the



Buttery for coffee and Danish. . . had to work off the Danish!

Diane is planning on returning for a trip on the <u>Chardonnay</u> on Oct 23rd. Anyone want to join her? Thanks for the pics Diane!

And, Diane made Henry for Project RIDE's Spaghetti Feed and purchased books and toys



for a basket when they were out and about. She made Henry's brother, Stretch, who's planning on living with them.

Lots & Lots of Birthdays

October turns out to be the birthday month for nearly a quarter of our membership. Wonder if it had anything to do with those cold January nights back in the day...???

At any rate, eight ladies become another year more wonderful this month: Sandi Russell (1), Kristine Smith (4), Theresa Thurman (10), Betty Walters (20), Peggy Ursin (23), Bobbi Jordan (26), Sherry McLellan (30), and Leticia Ruiz (31). Happy Wonderful Autumn October Birthday to all of you!



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Any sufficiently advanced technology is indistinguish -able from magic.

Arthur C. Clarke



In case you haven't seen last month's Best for Women magazine, click on the link to read the magazine online. There's too much interesting, fun and educational information inside to summarize. According to SIA, the magazine will no longer be available in print; starting this month it will only be available digitally. So check it out!

"I'm Just Saying..."

This is the space where every member can express an opinion, provide a few words on a topic of your choosing, brag about grandchildren or anything else you want to say (keep it clean!). Please don't be shy. We agreed at the retreat that more members will be contributing to the newsletter from now on, and that means YOU too! So here's my two cents worth from **Kristine...**

Technology does not need to be a burden or a subject that makes your eyes roll back in your head when someone asks for your email address or if you are on Facebook. Try to think of the ways in which the Internet can enhance your communications or provide more fun! As an example, email is something that most people do these days to stay in touch, but it is also very use-

ful for our Soroptimist members to send and receive newsletters, important updates, committee meeting information or general Q&A to the club. We are all busy and sometimes not able to spend time telephoning each other. I'm not pushing anyone to join Facebook, but "I'm just saying," it would be nice if everyone would, at a minimum, use email.

MARK YOUR CALENDAR!

The Sierra Nevada Region District V Fall meeting is on October 26th in West Sacramento. It's at Our Lady of Grace School, 1990 Linden Road, West Sacramento, 9am-2:30pm; contact Peggy Ursin for details. The Club pays dues for first-time attendees.

Here is the link for the <u>Call to Meeting</u>, <u>Registration Form</u>, <u>Tentative Agenda</u>, and Sales Tables Form. Hope to see you there!

Speaker for October Program Meeting

Norris Burkes is scheduled to speak at this Friday's program meeting. Chaplain Burkes is a syndicated columnist, national speaker and author of No Small Miracles. He is an Air National Guard chaplain and a board-certified hospital chaplain with the Association of Professional Chaplains.

Chaplain Burkes' column takes an often comical - if not irreverent - look at everyday life. He first started writing the column for *Florida Today* on October 5, 2001 and began syndication with Gannett News Service on April 10, 2002. His column can be found in numerous newspapers that have a combined circulation of almost one million readers.

Random (and sometimes wacky) Tips

Submitted by Sherry McLellan

POLISHING PUMPKINS

In just one step you **clean**, **shine** and **preserve** the favorite of October and November décor. You can even use it on other gourds and acorn squash. They won't get infested with insects or get mushy, and then I discard them in mint condition the week after Thanksgiving.

Just apply a coat of Brite (or any liquid floor cleaner) with a damp cloth. (Disclaimer: does not preserve pierced or carved pumpkins, i.e., jack-o-lantern.)



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SIEG OFFICERS

Leigh Nurre President

Genny Fulp Vice President

Peggy Ursin Treasurer

Lorna Buechler Asst. Treasurer

Diana Holcomb Recording Secretary

Leslie Konopinski Corres. Secretary

Annajean Neill Karin Lindner Delegates

Diane Hollingshead Club Ambassador

Betty Hall Parliamentarian

Tracey Edwards Peggy Ursin Newsletter

Pumpkin Dip - A Great Fall Party Food

Submitted by Sherry McLellan

Let's get into the Fall spirit with this easy-to-make and delicious-to-eat dip!

Ingredients:

1 package (8 oz) cream cheese, softened 2 cups powdered sugar 1 can (15 oz) solid-pack pumpkin 3 tsp. pumpkin pie spice 1 tsp. vanilla extract ½ tsp. ground ginger Dippers: Apple and pear slices, Ginger Snaps, Nilla

Vanilla Wafers, Graham Crackers...

Directions:

Step 1: Beat the softened cream cheese with the powdered sugar.

Step 2: Gradually add the pumpkin, pie spice, vanilla and ginger; beat until smooth.

Step 3: Serve with your choice of dippers. Refrigerate leftovers (if there are any).



Recipe from Taste of Home

MEETING CALENDAR

Oct. 4 Program Meeting – Fire Dept. Admin Bldg., 10573 E. Stockton Blvd., EG.

Oct. 7 Board Meeting – Genny Fulp's Home, 8667 Corde Del Sol Ct., EG

Oct. 17 Business Meeting – Jesse Wright Suites, 9275 E. Stockton Blvd., Ste. 100

Oct. 26 SNR District V Meeting, Our Lady of Grace School, West Sacramento

Nov.1 Program Meeting – Fire Dept. Admin Bldg., 10573 E. Stockton Blvd., EG

SOCIAL CALENDAR

Oct. 5-6 Great Pumpkin Festival, Elk Grove Regional Park

Oct. 9 Lunch Bunch – Sloughhouse Inn, 12700 Meiss Road, Sloughhouse

Oct. 12 Senior Center Pancake Breakfast, 8-10am, Senior Center

Oct. 19 Strauss Festival Homecoming Dance, Laguna Town Hall

Oct. 26 District V Fall Meeting, Our Lady of Grace School, 1990 Linden Rd., W. Sac.

Oct. 26 My Sister's House 10th Annual Run for a Safe Haven

Oct. 26 EGPD Safety Fair, Kohl's Shopping Center

Oct. 31 Happy Halloween!

Soroptimist Websites

SIERRA NEVADA REGION WWW.SOROPTIMISTSNR.ORG

User Name: Soroptimist Pass-

word: Synergy

Governor: Janice Labadie

SOROPTIMIST INT'L OF THE AMERICAS (FEDERATION)

WWW.SOROPTIMIST.ORG

President: Cheri Fleming

SOROPTIMIST INTERNATIONAL WWW.SOROPTIMISTINTERNATIONAL.ORG

User Name: Member Password: Cambridge

President: Ann Garvie

Soroptimist International of Elk Grove



OCTOBER 2013

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3 Soroptimist Founder's Day	4 Program Meeting	5 Giant Pumpkin Festival
6 Giant Pump-kin Festival	7 Board Meeting	8	9 Lunch Bunch	10	International Day of the Girl	12 EG Lion's Pancake Breakfast
13	14	15	16	17 Business Meeting	18	Strauss Festival Homecoming Dance
20	21	22	23	24	25 SIEG/SIRC Founder's Day	District V Meeting My Sister's House 10 th Annual Run for a Safe Haven EGPD Safety Fair
27	28	29	30	Mappy (Mappy) (Majowean)	1 Program Meeting	Black – SIEG Green – Fun Orange – Supporting Blue - Informational