

## Greetings from the President



**Leigh Nurre, President**

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As my second term winds down, I have experienced great joy for an award we won at the SNR conference last week. I hope one day you're able to attend an SNR conference. When you do, you're in the company of members from all of the other 59+/- clubs in our region. They're our equals, our friends, and some even refer to other members as "sisters." But - at a designated point at the conference - there's a grand event in the ballroom at which awards for excellence for newsletters, web sites, fundraisers, publications, and a variety of other things are given out. At this point our compatriots become our arch competitors.

In my years as a Soroptimist I haven't heard our name called during this award ceremony. This time, however, something new happened. When the web site category came up, the third place winner was called, then the second place winner, and then the name of the club that won first place - **ELK GROVE**. It was a fall-off-your-chair moment. Not only does SIEG have a well-written and designed, technologically advanced web site, but we have the recognition from our peers that it's the best in the region. It still feels like the club has won an Oscar.

That was only the first part of the excitement of the evening. SIEG's newsletter was also recognized with a second place win. We can give credit to **Tracey Edwards** for her multiple contributions - writer, designer, and producer. Thank you Tracey for all of the time and energy you put into the monthly newsletter. And we all need to thank **Sherry McLellan** for her monthly contributions of recipes and helpful hints, which we enjoy and appreciate.

**Treasurer Peggy Ursin** has often demonstrated her ability as a public speaker. As the Chair of the Region level Women's Opportunity Awards, she was host of that portion of the program when WOA region winners were introduced. In contrast to many of the other speakers, Peggy has both a great voice and a great personality, and an energetic, clear speaking style that's a pleasure to listen to. If I were her I'd think about having a future career in a speakers' bureau making hefty fees. For now we can be glad she represents our club, and we should all thank her for a job well done working within the region to select WOA winners

and for her excellent hosting skills.

As we all know, Parliamentarian **Betty Hall** accepted the chairmanship of the Women Helping Women Who Serve project. Friday night at the conference was devoted to the veterans' program. The success of the work of Betty and her committee was evident. It's safe to assume SIEG's Toni Merriman's experience was a microcosm of the other veterans. She expressed delight at receiving the gift bag filled with items of value. She was very happy to meet Keynote speaker Mary Kight, and told me later she very much enjoyed her filet mignon dinner and sumptuous cheesecake. All of the attention given to the veterans was made possible by the work of Betty and her helpers. Thank you Betty. I hope you're enjoying some concentrated leisure now that the conference is over.

The year is also almost over, but we still have a lot to do. I'll see you out and about. Thank you for your support of our wonderful club.

Leigh Nurre  
President, SIEG

## SAVE THE DATES - Fun times ahead!

May 2	May 8	May 14	May 15	
Program Mtg. CCSD Bldg, 8820 EG Blvd. Speaker: Sandi Waite 7:30 a.m.	Foster Youth ILP Picnic Elk Grove Regional Park 3-7 p.m.	2 <sup>nd</sup> Wed. Lunch <a href="#">El Novillero Mexican Restaurant</a> 11:30 a.m.	Business Mtg. Jesse Wright Conf. Ctr., 9275 E. Stockton Blvd. #100 6 p.m.	



Golden Dragon lunch

## 2<sup>nd</sup> Wednesday Lunch

This month we will meet at [El Novillero Mexican Restaurant](#), 4216 Franklin Blvd, Sacramento, at 11:30am, on May 14th.



Last month we ate at the Golden Dragon Restaurant.

## Veteran Honoree Gift Bags

by Diane Hollingshead

On April 21, 2014, Diane Hollingshead, and Genny Fulp and Janet Brabender gathered to assemble gift bags given to all the veteran honorees at the SNR Conference from SIEG thanking them for their service.

Items came from the City of Elk Grove, Elk Grove Police Department (EGPD), and SIEG. The City gave a pen and pencil set made from recycled material, post cards of EG Park & Consumnes Preserve, a keychain flashlight and purse bandage holder. SIEG gave hand sanitizer, candy, gum, STDV pen and nail file gift-wrapped in white star bags sprinkled with red & blue confetti. The bags were sealed with a silver tag thanking them for their service from SIEG.



*Mark Your Calendar!*

### Soroptimist Wine Tasting Gala

**May 8, 2014**

The Old Sugar Mill  
Clarksburg, CA

The Event runs from  
5:30pm – 8:00pm

Tickets are \$25 each - \$12 of every ticket sold will go back to the Club that sells the tickets and everyone gets a fun evening of wine, hors d'oeuvres and great company.

**See you there!**

### May's Magnificent Birthdays

May – 18 Janet Brabender  
May 26 – Lena Oneto



## What Other Soroptimists are Doing

Here are some upcoming fundraisers around the Region:

- May 6 – SIGS, Human Trafficking Update, Piatti Restaurant, 11:30 – 1:30 pm, \$22
- May 8 – SNR, District Spring Wine Tasting Gala, Old Sugar Mill, 5:30 – 8:00 pm, \$25pp.
- June 1 – SI Lincoln, Weekend Bowl-A-Thon and Benefit Raffle, Raffle tickets \$5 each or 5/\$20
- July 19 – SIGD, 20<sup>th</sup> Annual Benefit Golf Tournament, \$60

May 8, 2014 is our **Foster Youth ILP Picnic in the Park**. Once again Karin Lindner is in charge and appreciates all of the help we can give her to make this special for the students. We'll set up starting at 3pm and should finish by 7pm. Thank you for signing up to help out!

# CONGRATULATIONS MEMBERS!





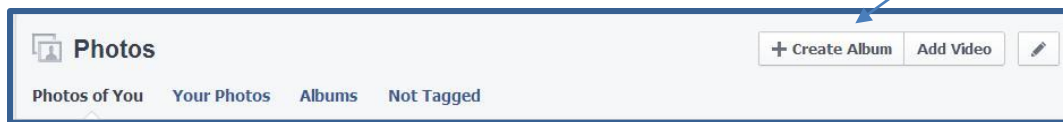
## Facebook 101

Submitted by Tracey Edwards

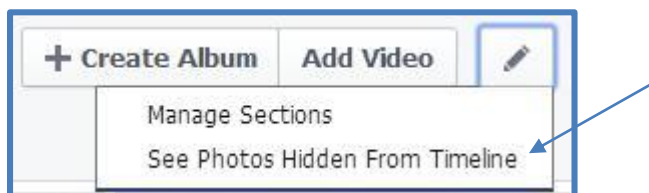
Last month we talked about uploading photos, being safe and photo sharing. This time of year many people are taking trips, getaways, cruises, or going on holiday. There may be some pictures that you want to share with your friends. It's really easy.



On your own Facebook page, click on the **Photos** Link. That will open up the box below. Click on the **+Create Album** button and start uploading your photos. Remember to add the name of your album, where you took the photos and any other pertinent information. You can also add **Videos** to your page.



After you upload your photos, you can **Publish** them. This means they will be posted on your Facebook page as a Status Update. If your security options allow other friends to post posts and other updates on your Facebook Timeline, and you are tagged in them, Facebook gives you the option to allow or not allow them on your Facebook page. (This works really well if someone posts an unflattering photo of you.) Click on the link **See Photos Hidden From Timeline** to see which photos are awaiting your approval.



Then you will be given the option to allow them on your Timeline, or to keep them hidden. It's your choice.

Have you seen “#TBT” on someone’s page? That means “Throw Back Thursday.” Thursday is the day to share old/retro photos of yourself. Or, wait until the next day for “#FF” which means Flashback Friday. Here’s a [list](#) for all of the days of the week. Have fun with it and share your knowledge with your friends.

See you on Facebook!

*A woman is like a tea bag - you can't tell how strong she is until you put her in hot water.*

Eleanor Roosevelt

Brainy Quotes

## On The Web

Here are some quick links for when you're wandering through the Web looking for interesting and informational tidbits!

[Our \(SIEG\) Programs](#)  
[SI Elk Grove](#)

[My Sister's House](#)  
[Soroptimist SNR](#)

[Our Global Impact](#)  
[SI of the Americas](#)

[SoroptiVoice Blog](#)  
[Soroptimist Int'l](#)

*Please share with your editor when you find something interesting that your fellow members would benefit knowing about, whether a photo, a video, or blog.*

We're on Facebook. Are you? Find us here:  
[www.Facebook.com/SoroptimistElkGrove](http://www.Facebook.com/SoroptimistElkGrove)

Find the Facebook SNR Group here:  
[Soroptimist Sierra Nevada Region District V](#)

## “Out ‘n About”

**Leigh Nurre** and her husband Charlie travelled to NC, SC in April. Here's a picture of Charlie in shorts in the tulips, in the rain, 50 cold degrees outside.



Here are **Janet Brabender, Betty Matsui, Leigh Nurre** and their photographer **Di-ane Hollingshead** on their way up to the Sierra Nevada Region Conference.



Drivers were chaining up at Blue Canyon. And our intrepid members were in a holding pattern for about an hour.

**Tracey Edwards** joined her friends on a weekend getaway to Angels Camp.

They ventured into Mercer Caverns on one of their days. Here is proof that they made it all the way through – everyone receives a bumper sticker on their way out of the big dark cold deep hole.



## Walk to Remember Photos



## SOLT – Learning More About Soroptimist

Here are two definitions found in the fabulous “The ABC’s of Soroptimist” published by SI Citrus Heights.

**Soroptimist Development Retreat:** An annual retreat held each summer in the Sierra Nevada Region. All members are welcome to come and join in the camaraderie, sharing and training regarding how to maintain healthy clubs. Incoming officers are strongly encouraged to attend, as there are position specific workshops to help them in the coming year.

**Endowment Fund, Sierra Nevada Region:** A fund that supports region-wide programs and club projects to advance the Mission Statement of the Region. Clubs can apply for grants for projects, and awards are made based on availability of funds, viability of the project and the demonstration of financial need. The fund is perpetuated by donations from members and clubs. See Region Standing Rules 12.1.1 for more info.

*We would love to hear from you!  
Here's our contact information:*

**Soroptimist Int'l of Elk Grove**  
P.O. Box 881  
Elk Grove, CA 95759

[www.SoroptimistElkGrove.org](http://www.SoroptimistElkGrove.org)

Email us at:  
[hello@SoroptimistElkGrove.org](mailto:hello@SoroptimistElkGrove.org)

## New Member Bio

Here's your opportunity to get to know **Marly Hansen**, one of our new members.

When asked why she joined SI Elk Grove, Marly responded that "...the service mission and the warm and friendly members were what drew me."

What she enjoys most about SI? The members, definitely!

When asked what would members be surprised to know about her, Marly said, "I'm always surprised to learn what's on someone else's iPod, so maybe my tastes

would be surprising. It's always on "shuffle" and selections range from oldies (Beatles, Beach Boys, Motown) to baroque, great organ, traditional hymns, John Phillip Sousa, Flatt & Scruggs, Josh Groban, Celtic Thunder, etc."

So, the next time you see Marly, share with her who YOU'RE listening to, whether it's on the radio, your iPod, or cassette tape or V-8, I mean 8-Track.

Thanks for choosing us, Marly!

## Proposed Slate of Officers

Comments submitted by Tracey Edwards

The nominating committee is offering this proposed slate of officers for the 2014-2015 year.

President – **Genny Fulp**

President-Elect – **Tracey Edwards**

Treasurer – **Janet Brabender**

Asst. Treasurer – **Betty Matsui**

Recording Secretary – **Peggy Ursin**

Corresponding Secretary – **Marly Hansen**

Delegates – **Karin Lindner** and **Gale Brodie**.

Nominations will be accepted from the floor and the vote will be taken. As the new officers step forward to take the reins of this club, I hope you will welcome their ideas, their energy and their personalities.

There may be missteps, misunderstandings, or missed opportunities. But, the intention behind all acts and ideas will be good.

So, thank you in advance for your good wishes.

*If your actions inspire others to dream more, learn more, do more and become more, you are a leader.*

*John Quincy Adams*

## May's Program Speaker

For this month's speaker at our program meeting we had Sandi Waite, a nurse/counselor with the Elk Grove Unified School District, who came to speak about Kohl's ChildSpree. She is looking to receive a donation of \$250 from the club to assist with the event.

Also in attendance was Kim Parker, representing Foster youth. She brought her team of co-workers. They shared their experiences with foster youth, the programs they provide such as tutoring, counseling and helping with the student's transition.

## Random (and sometimes wacky) Tips

Submitted by Sherry McLellan

If you're like me, you just don't know the best way to peel a Kiwi. Here is a simple tip so you can easily add kiwi to your fresh fruit salads this summer!

Trim both ends of the fruit; ease a tablespoon between the flesh and the peel. Turn the kiwi, pressing the back of the spoon against the peel as you go. The whole fruit should slide right out -- ready for slicing.

From *Martha Stewart Living*, August 2003





## SIEG OFFICERS

Leigh Nurre  
President

Genny Fulp  
Vice President

Peggy Ursin  
Treasurer

Lorna Buechler  
Asst. Treasurer

Diana Holcomb  
Recording Secretary

Leslie Konopinski  
Corres. Secretary

Annajean Neill  
Karin Lindner  
Delegates

Diane Hollingshead  
Club Ambassador

Betty Hall  
Parliamentarian

Tracey Edwards  
Newsletter

## Santa Fe Cheesecake

Submitted by Sherry McLellan



Getting ready to celebrate Cinco de Mayo? This could be a great appetizer for your fiesta! Ole'!

### Ingredients:

1 cup crushed tortilla chips  
3 tablespoons melted butter  
2 packages (8 oz. each) cream cheese, softened  
2 eggs, lightly beaten  
2 cups shredded Monterey

Jack cheese  
1 can (4 oz.) chopped green chilies, drained  
1 cup sour cream  
1 cup chopped sweet yellow pepper  
½ cup chopped green onions  
1/3 cup chopped tomato

### Instructions:

In a small bowl, combine tortilla chips and butter; press onto the bottom of a greased 9-inch Springform pan. Place on a baking sheet. Bake at 325° for 15 minutes or until lightly browned.

In a large bowl, beat the cream cheese and eggs on low speed just until combined. Stir in the shredded cheese and green chilies; pour over crust. Bake for 30-35 minutes or until the center is almost set.

Place pan on a wire rack. Spread sour cream over cheesecake. Carefully run a knife around edge of the pan to loosen; cool for 1 hour. Refrigerate overnight.

Remove sides of the pan just before serving. Garnish with yellow peppers, onions and tomato.

Yield: 16-20 servings

### From Taste of Home Most Requested Recipes



### MEETING CALENDAR

May 12 Board Meeting –Betty Hall's Home, 9193 Lark Street, Elk Grove  
May 22 Business Meeting – Jesse Wright Suites, 9275 E. Stockton Blvd. EG  
June 6 Program Meeting – Cosumnes Community Services District, Admin Bldg, Suite B, 8820 Elk Grove Blvd., EG

### SOCIAL CALENDAR

May 8 Foster Youth ILP Youth Recognition Picnic, Elk Grove Regional Park 3-7pm  
June 19 Installation Dinner, Aviator's Restaurant, 6151 Freeport, Executive Airport, Sacramento, 95822, 6:30 pm  
June 28 EG Food Bank Run 4 Independence, EG Park

## Soroptimist Websites



SIERRA NEVADA REGION  
WWW.SOROPTIMISTSNR.ORG

Governor: Janice Labadie

SOROPTIMIST INT'L OF THE AMERICAS  
(FEDERATION)  
WWW.SOROPTIMIST.ORG

President: Cheri Fleming



SOROPTIMIST INTERNATIONAL  
WWW.SOROPTIMISTINTERNATIONAL.ORG

President: Ann Garvie



## May 2014

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Black – SIEG Green – Fun Orange – Supporting Blue - Info				1	2 <b><u>Program Meeting</u></b> 7:30-8:30am  CCSD, Admin Bldg., Conf. #B, 8820 EG Blvd.	3
4  Morse Historical Open House	5	6	7	8  <b>Foster Youth ILP Picnic</b>  Elk Grove Regional Park 3-7 p.m.	9	10  <u>Senior Ctr. Pancake Breakfast 8-10am</u>  <u>US Postal Food Drive</u>
11	12  <b>Board Mtg.</b>  Betty Hall's Home	13	14  <u>Lunch Bunch</u> 11:30-1:30pm	15  <b>Business Mtg.</b>  Jesse Wright Conference Ctr. 6:pm	16	17  Relay for Life, Opening Ceremony, 9am. Luminaria Ceremony – 8pm
18	19	20	21	22	23	24
25	26	27  SI Redding Veterans Home of N. Cal. 11:30 a.m. Call Polly Yount-Smidt for more info – (530) 410-9665	28	29	30	31