

## Greetings from the President



**Leigh Nurre, President**

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We have lots going on in the next 6-8 weeks ... and several opportunities for our members to be involved. On March 14 from 10 a.m.-3 p.m., join the "flag brigade" at **Marie Wood's** house (9157 So. Camden, Elk Grove). We will be tying ribbons to flags for both the Women Helping Women Who Serve celebration to be held at the SNR conference in Reno ... and the 'Walk to Remember,' which honors **Betty Hall's** son, Bryan, who was killed in Iraq. Please let Betty know if you plan to volunteer.

At 7:00 p.m. that same day we hope you'll be with us at the SIEG 2014 Mixer to be held at Jesse Wright Suites. Committee Chair **Mary Ann Chappelle** will be presenting the Violet Richardson and Women's Opportunity Awards. In addition to our members, we have invited many guests to the ceremony. Please come and congratulate our 2014 recipients and visit with our guests, some of whom may one day become members. Cake and

non-alcoholic beverages will be served.

The Bryan Hall 'Walk to Remember' will be held on Saturday, April 12. We will have sign-ups for volunteers in the coming days, so be sure to save the date for the event in Elk Grove Park. It's a worthy cause that honors SFC Hall's service to our country and is always very well-attended by the greater Elk Grove Community.

On Thursday, May 8 we will be serving our bi-annual dinner to foster youth in the Independent Living Program (ILP). Please contact Committee Chair **Karin Lindner** if you'd like to be on the team of volunteers. This is an opportunity to make a difference in the lives of foster kids who are preparing for life as young adults. The ILP dinner is one of our club's main service projects.

We have two important club matters coming up, so be sure to attend Business meetings in March, April, and

May. In March we'll start assembling the nominating committee that will be responsible for electing a new slate of officers, including President and Board members. In March we'll also start working on the Random Acts of Kindness list that the general membership will ultimately vote to approve. In this process we'll designate the individuals and organizations that will receive the bulk of our financial support for the year. You'll want your voice to be heard; please participate with your presence.

We do a lot of good work at SIEG. This may be a reason we have nine new members this year and a tenth on the way. Thank you to all of you for your energy, enthusiasm and support of the club throughout the year. I look forward to seeing you at the Program meeting this Friday, March 7!

Leigh Nurre  
President, SIEG



## SAVE THE DATES - Fun times ahead!

March 7	March 8	March 12	March 20
Program Mtg. CCSD Bldg, 8820 EG Blvd. Speaker: Karen Nelson	District V Winter Meeting	2 <sup>nd</sup> Wed. Lunch The Loving Hut 8355 E.G. Blvd. Elk Grove Blvd.	Business Mtg. Jesse Wright Conf. Ctr., 9275 E. Stockton Blvd. #100
7:30 a.m.	Registration:  8:30 a.m.	11:30 a.m.	6 p.m.



Loving Hut soup

## 2<sup>nd</sup> Wednesday Lunch

This month we **really** will meet at [The Loving Hut](#), 8355 Elk Grove Blvd, Elk Grove, at 11:30am, on February 12th.

The Loving Hut's motto is "Be Vegan, Make Peace." Each restaurant "caters to the special cuisines of your particular area..."



## Another Successful Bunco Fundraiser!

For the third year, the Bunco partnership between our club and Camden Springs came up a winner. The retirement living center provides a welcoming facility plus refreshments, our members provide labor, and our club makes a profit: a little over \$1,700 from this year's event on Feb. 8. Not bad for something that only takes one morning! Even with rain and using a shuttle bus from the Park & Ride Lot, everyone seemed to have a good time.

This year, we had 56 players at 14 tables. The grand prize of \$100 was split between two winners, with one donating her half of the prize back to the club. Thank you, Marilyn Holmes! And thank you to the many Wilton and local area residents who support our club by buying tickets each year – it's wonderful to see so many returning friends. Seventeen popular drawing prizes added to the excitement, along with a lovely orchid arrangement door prize, donated by Ray Bayles of Old Towne Creations. Many members made light work of set up and cleanup, and once again agreed that Bunco and Soroptimist continue to spell "Success."

*Mark Your Calendar!*

### District V Winter Meeting

**March 8, 2014**

Marriott Hotel,  
Rancho Cordova

Registration opens at 8:30  
a.m.

This year's speakers will give us an update on Human Trafficking, My Sisters House and Opening Doors. Registration checks (\$33) were paid to Peggy Ursin.

*See you there!*

### March's Magnificent Birthdays

March 16 – Diane Hollingshead  
March 20 – Janet Hume



## What Other Soroptimists are Doing?

Here's a link to the [Celebration of United Nations Day 2013 with SI President Ann Garvie. SI Laguna Beach YouTube Channel](#). President Garvie speaks on future UN Millennium Development Goals – how to improve the world with equality for women and girls.

Planning on going to the [Soroptimist 43<sup>rd</sup> Annual Biennial Convention](#)? Check out the video with Cheri Fleming. g

And [here](#), Kate Brady-Kean speaks about domestic abuse and violence facing girls and women in New Zealand.

March 8<sup>th</sup> is [International Women's Day](#) (IWD). IWD has been observed since the early 1900's, a time of great expansion and turbulence in the industrialized world that saw booming population growth and the rise of radical ideologies.

Here is a fascinating video entitled "[The Female Century](#)," from International Women's Day 2012. How will you celebrate?

## Facebook 101

Submitted by Tracey Edwards

Okay, so you're getting more comfortable with Facebook, right? You can share photos from your cellphone, tag your friends in pictures, include links in your Status Update box...you're even teaching your children how to swipe on your phone...Okay, that last one might have been stretching it. But, you are using it more to share photos, jokes, and funny cat videos with abandon!

Now you're ready to click on some of those other arrows on the page without fear that you will crash Facebook for everyone in the Universe.

After you post something on your page, maybe you want to give it special emphasis. Wouldn't it be cool if that post stayed at the top of your page for a while? Well it can, and here's how:

1. Go to your post and click on the little down arrow on the right side. Then you will see this drop-down menu.
2. As you can see, you can change the date of your post, add a location, and edit it.
3. You can also click on "Highlight" to make it stay at the top. If someone posted an unflattering picture of you, just click on the "Hide from Timeline." Poof! It's off your Timeline. (It may still appear in searches, News Feeds and other Facebook places, but at least you don't have to look at it.
4. You can also delete it, or mark it as Spam.



I love helping people with their Facebook questions. Drop me a line if I can help you.

See you on Facebook!

**Never believe that  
a few caring  
people can't  
change the world.  
For, indeed, that's  
all who ever have.**

~  
**Margaret Mead**  
Brainy Quotes

## On The Web

*Here are some quick links for when you're wandering through the Web looking for interesting and informational tidbits!*

[Our \(SIEG\) Programs SI Elk Grove](#)

[My Sister's House Soroptimist SNR](#)

[Our Global Impact SI of the Americas](#)

[SoroptiVoice Blog Soroptimist Int'l](#)

*Please share with your editor when you find something interesting that your fellow members would benefit knowing about, whether a photo, a video, or blog.*



## “Out ‘n About”

### Bunco Fundraiser

On February 8<sup>th</sup> we had our 3<sup>rd</sup> annual Bunco Fundraiser at Camden Springs.



Our members gathered with friends, old and new to work and play. But first, the work. Below, our guests chat and check out the drawing prizes.

Here we are gathered – the calm before the storm. Tables – check. Paper and pencil – check. Dice – check. Drawing prizes – check. Refreshments – check. Now we just need the guests!



Above, **Annajean Neill** and **Betty Hall** work registration. The members did a wonderful job obtaining and making beautiful drawing prizes. See for yourself!



### EGRSF Scholarships

On February 20<sup>th</sup>, some of our members met at the EG Unified School District Admin Building to help score scholarships for this year's deserving seniors.



### Diane Hollingshead's Excellent Adventure

Here's where **Diane Hollingshead** caught her cold in San Diego/Escondido, CA, running around with the girls.



They toured Coronado Island and had lunch at the hotel, visited Safari Park and rode the hot air balloon.



And, she doesn't look the least bit scared!

### Tracey Edwards' Outing

And, **Tracey Edwards** and her husband Jack took a quick trip to Napa for their 21<sup>st</sup> anniversary. They highly recommend the Angéles French restaurant in Napa!



### Marie Jachino's Expansion

Okay, we're actually talking about the EG Food Bank Services expansion; not Marie's, the proud Executive Director. We want to offer our congratulations to member **Marie Jachino** for the Elk Grove Food Bank's recent expansion into South Sacramento. Read more about it [here](#).

### EGPD News

Finally, **Denise Costello** says that the EG Police Department and Women Escaping a Violent Environment (WEAVE) have re-established a domestic violence response team. Read more about it [here](#).

## SOLT – Learning More About Soroptimist

SI has a global impact in many areas: sex trafficking, Women's Opportunity Awards, Violet Richardson Awards, Club Grants for women and girls, disaster grants for women and girls, and one more. A Workplace Campaign to end domestic violence.

SI believes women deserve to feel safe wherever they are...including the workplace. The Soroptimist Workplace to End Domestic Violence is an ongoing campaign to raise awareness about this issue. In its 19<sup>th</sup> year, the program focuses on the fact that women do not leave domestic abuse behind when they go to work. Abusers often harass women at work by phone, e-mail, or – in worst-case scenarios – by coming to the workplace. Read more about it [here](#).

*We would love to hear from you!  
Here's our contact information:*

**Soroptimist Int'l of Elk Grove**  
P.O. Box 881  
Elk Grove, CA 95759

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Email us at:  
[hello@SoroptimistElkGrove.org](mailto:hello@SoroptimistElkGrove.org)

## "She Shares" Event

Submitted by Betty Hall

On January 30 I was a special guest at the "She Shares" event featuring Maria Shriver and was invited to an "invitation only" reception later that evening. Ms. Shriver has just published a new report entitled, *"A Woman's Nation Pushes Back from the Brink."* The report explores what it means to be a woman in America today. At the She Shares event there was a great deal of focus on the poverty women are experiencing today. The one statistic that

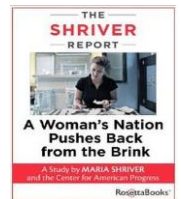
really stuck in my mind is that "47% of single moms are living at or below poverty level." As she spoke that day it made me so proud to be a Soroptimist and to be a part of what Soroptimist is all about and what we, as an International organization, are doing to "improve the lives of women and children in our communities and around the world." I found Maria to be very down-to-earth and very committed to making life better for women in America.

The reception was exciting...

As you may know, Maria writes books for children. When our son was killed in Iraq she sent us one of her books that we could share with our Granddaughter, Addison. It was all about Heaven. I took the book to the reception and showed it to her. She was amazed and we talked at length about life happenings.



As I looked around the room at all the dignitaries I wondered why I, little ole plain Jane from Elk Grove was there - but I am very happy I was. It was a wonderful opportunity for me. I encourage everyone to get a copy of the report; you will be amazed. It's available on Amazon.com. (*The Shriver Report: A Woman's Nation Pushes Back from the Brink*)



## March Speaker

For this month's speaker for our program meeting we will have Karen Nelson, Director of Youth and Community Engagement, People Reaching Out. Karen will also bring a student with her who will share their experience. Inspiring, educating and mobilizing young people to build healthy futures for themselves, their families and their communities is the mission of the Sacramento-based, non-profit organization.

[Click Here](#) to learn more about this local organization.

## Random (and sometimes wacky) Tips

Submitted by Sherry McLellan

### Magic Erasers

Who knew?!? There are hundreds of uses for Magic Erasers!! If you're thinking of doing some Spring Cleaning, these could be helpful! Here are a few ideas:

- make **tennis shoes** look like new again
- clean white **grout** effortlessly
- remove **dried paint** from door hinges
- remove **tarnish from silver**
- clean & **polish gold jewelry**
- remove **soap scum** in the tub and shower
- clean **mirrors** in the bathroom (keeps shower mirrors from fogging)
- remove **adhesive residue** after removing stickers
- remove **waterline mark** around the pool
- remove **nail polish** spills or stains
- clean oven shelves & the **grates on the grill**
- remove **paint spills** & over-sprays
- clean the textured plastic parts of the **computer monitor, keyboard & mouse**





## Walk to Remember

For those of you who know Betty Hall, this will be an un-needed reminder. But, for our new members, and prospective members, this will shed light on one of the important activities we do to remind our member Betty that she is in our hearts.

Betty and John Hall lost their son, Sergeant First Class (SFC) Bryan E. Hall on April 10, 2009, when a suicide bomber detonated near the last vehicle in the convoy in Mosul, Iraq. SFC Hall and four of his buddies lost their lives.

SFC Hall was a 14 year Veteran of the US Army and he was on his first deployment.

Bryan was married to Rachel and they have one daughter, Addison. Bryan also had a sister, Kristi Lynne-Hall Donnelly. Bryan is missed every day.

The [Walk to Remember](#) honors SFC Hall and the other four soldiers killed in the confrontation and all American soldiers, past and present, who serve our country. All proceeds from the Walk will be split between the Bryan E. Hall Memorial Scholarship and an education fund established for SFC Hall's seven-year old daughter, Addison.

This year's Walk to Remember will be held on April 12, 2014. There will be a patriotic (more on that later) 5K (3.1 miles) walk in Elk Grove Regional Park. Bring your family and friends. Click [here](#) to register.

Below are some pictures from last year's event.



**Betty Hall**



**Freelancer's Alumni Band**



**Congressman Lungren's representative and Betty Hall**

And, here is how we make the Walk patriotic. We meet

## Flag Brigade

at Marie Wood's home and assemble the American flags give to every walker, each featuring a "Save the Date" card for the next year.

We also have fun while we do this. Here are some pictures from last year's gathering:



**Flags and ribbons**



**Karin Lindner and Marie Wood**



**Betty and flags**

See you at Marie's on March 14<sup>th</sup>!

**SIEG OFFICERS**

Leigh Nurre  
President

Genny Fulp  
Vice President

Peggy Ursin  
Treasurer

Lorna Buechler  
Asst. Treasurer

Diana Holcomb  
Recording Secretary

Leslie Konopinski  
Corres. Secretary

Annajean Neill  
Karin Lindner  
Delegates

Diane Hollingshead  
Club Ambassador

Betty Hall  
Parliamentarian

Tracey Edwards  
Newsletter

**Buttery Honey Beer Bread**

Submitted by Sherry McLellan



Getting ready for St. Patrick's Day? Here is a recipe that might come in handy! Maybe add some green tinted butter... Yields 1 Loaf

**Ingredients for Bread:**

2 cups all-purpose flour  
1 cup bread flour\*

1 tbsp. granulated sugar  
1 tbsp. baking powder  
1 tsp. salt  
3 tbsps. honey  
1 bottle (12 oz.) your fave beer  
4 tbsps. unsalted butter, melted and cooled slightly

**Instructions:**

1. Preheat the oven to 350 degrees. Grease a 9 x 5 inch loaf pan with nonstick cooking spray or butter. Set aside.

2. In a large bowl, whisk together both kinds of flour, sugar, baking powder and salt. Add in the honey and beer, and mix until just combined.

3. Spread the batter evenly in prepared pan. Evenly pour the melted butter over top of the batter.

4. Transfer the pan to the oven and place a baking sheet on the lower rack to catch any butter that may drip from the pan.

Bake for 50-60 minutes, until a cake tester inserted in the middle comes out clean and top is golden brown.

\*If you don't have bread flour, you can substitute all-purpose flour.

**Ingredients for Honey Butter:**

½ cup (8 Tbsps.) unsalted butter, at room temperature  
1 tbsp. honey  
¼ tsp. salt

**Instructions:**

In a small bowl, add the butter. Add in the honey and salt. Mix until well combined.

*From Cookie Monster Cooking*

**MEETING CALENDAR**

- Mar. 7 Program Meeting – Cosumnes Community Services District, Admin Bldg, Suite B, 8820 Elk Grove Blvd., EG  
Mar. 8 District V Winter Meeting, Marriott, Rancho Cordova  
Mar. 10 Board Meeting – Leigh's Home, 12275 Saldana Ct., Wilton  
Mar. 20 Business Meeting – Jesse Wright Suites, 9275 E. Stockton Blvd. EG  
Apr. 4 Program Meeting – Cosumnes Community Services District, Admin Bldg, Suite B, 8820 Elk Grove Blvd., EG

**SOCIAL CALENDAR**

- Mar. 14 Flag Brigade at Marie Wood's Home (10am – 3pm)  
Mar. 14 SIEG Mixer, Jesse Wright Suites, 9275 E. Stockton Blvd., EG, 7pm

**Soroptimist Websites**

SIERRA NEVADA REGION  
WWW.SOROPTIMISTSNR.ORG

Governor: Janice Labadie


SOROPTIMIST INT'L OF THE AMERICAS  
(FEDERATION)

WWW.SOROPTIMIST.ORG

President: Cheri Fleming

SOROPTIMIST INTERNATIONAL  
WWW.SOROPTIMISTINTERNATIONAL.ORG

President: Ann Garvie

			Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6	<b><u>Program Meeting</u></b> 7:30-8:30am  CCSD, Admin Bldg., Conf. #B, 8820 EG Blvd.	<a href="#">International Women's Day</a>
9	<b>Board Mtg.</b>  <b>Leigh's Home</b>	11	12 <b><u>Lunch Bunch</u></b> 11:30-1:30pm  <a href="#">The Loving Hut</a> , 8355 Elk Grove Blvd.	13	  Flag Brigade @ Marie Wood's Home 10am  SIEG Mixer @ Jesse Wright Suites 7pm	15  District V Winter Meeting
16	17 <b>St. Patrick's Day</b>  	18	19	20 <b>Business Mtg</b>  Jesse Wright Suites 6:pm	21	22
23	24	25	26	27	28	Black – SIEG  Green – Fun  Orange – Supporting  Blue - Info