



## Greetings from the President



**Genny Fulp, President**

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Hello Members,

As we end our year, goodbye to 2014, hello to 2015. I guess this means some will make New Year's resolutions, and others will not. My New Year's resolution is "Not to make any New Year's resolutions," that way I won't have to feel guilty because I couldn't keep them, or didn't care if I did. If you recall, our Governor Jackie's pledge for this year is "No Guilt, Me First." I certainly go along with that. So whatever you resolve to do, or not do, that is okay. It seems around 20 – 30 years ago I didn't think 2000 was in our view. Now, 15 years later, it is in our rear view mirror and we are still strong, and possibly stronger than ever. As we take our club to

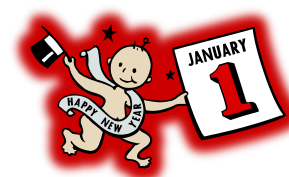
new levels, we still need to help whenever and wherever possible, and I believe that has not changed. I hope we would all do our part for our club and give as much as we are able, with our programs, our community service commitments, and each other. When I stated we need to "give as much as we are able," I didn't mean monetarily; I only meant "rolling up our sleeves and digging in to help." That is one wonderful attribute this club has, and that is helping wherever possible. I thank each and every one of you for caring and being there for each other as well. Thank you again.

I also want to thank each and every one of you for all the time and effort you put into our See's Store.

This would not work and could not work without the help of each of you and your tireless efforts and commitments. We don't have the numbers as to how well we did in our endeavor, but I would bet it is going to be more than we did last year! Thank you again. What a bunch of fabulous ladies you are!

Finally, I want to wish each and every one of you a very healthy and prosperous New Year as well as to your wonderful families. The families don't know they are just as much a part of this club as we are. Shhh, we won't tell them!

Genny Fulp  
President, SIEG



## SAVE THE DATES - Fun times ahead!

January 9 - Date Change	January 14	January 15	February 6
Program Meeting CCSD Admin Building 7:30 a.m.	2 <sup>nd</sup> Wed. Lunch Lola's Lounge, 9085 Elk Grove Blvd. 11:30 a.m.	Business Meeting Elk Grove Library Elk Grove Blvd and E.G. Florin Rd. 6:30 p.m.	Program Meeting CCSD Admin Building 7:30 a.m.



## 2<sup>nd</sup> Wednesday

This month we will meet at Lola's Lounge, 9085 Elk Grove Blvd., at 11:30am, on January 14th.

Remember, the more the merrier! And, don't forget to take a picture!



Mark Your Calendar!



February 21, 2015

### Bunco Fundraiser

Camden Springs Gracious  
Living Retirement

8476 Sheldon Road  
Elk Grove, CA 95624

Our next Bunco fundraiser is going to be another resounding success. We just need your help to make it so!

You'll be hearing more about it in the next few weeks.

### January Birthdays

January 4 – Genny Fulp

January 4 – Rose Geerts

January 24 – Diana Holcomb



## 2014 Fall District Meeting/Governor's Report

If you didn't have the opportunity to attend our Sierra Nevada Region's Fall District meeting on October 18, 2014, you missed out on a lot. You missed the chance to meet other club members in our region, the prospect of purchasing something that was handmade by another Soroptimist, and the opportunity to hear Governor Jackie speak about her vision for the next two years.

But, you need not miss out on her speech entirely. Here is the link to [her PowerPoint presentation](#).



## New Women's Magazine in Elk Grove

**Ardent for Life is an Elk Grove Women's Publication.** It is written by local authors; it's objective is to build relationships within the community of Elk Grove and enable us all to live a more ardent life.

Most exciting of all is that our very own Marie Jachino, Executive Director of the Elk Grove Food Bank, was featured in the [November 21, 2014 publication](#). Congratulations, Marie!



## “Out ‘n About” Our Annual Holiday Party



On December 16<sup>th</sup>, some members attended the Elk Grove Chamber Mixer at the Chamber Office. Pictured above: **Tracey Edwards**, **Genny Fulp**, and **Mary Lewis**.

**Marie Jachino**, SI Elk Grove member and Executive Director of the Elk Grove Food Bank, was honored in a new local magazine, Ardent For Life.



Our club's Holiday Party was held at our See's candy store location. The food was scrumptious, the atmosphere was festive and a good time was had by all! Here are some pictures:



## On The Web

*Here are some quick links for when you're wandering through the Web looking for interesting and informational tidbits!*

**Our (SIEG) Programs**  
**SI Elk Grove**

**My Sister's House**  
**Soroptimist SNR**

**Our Global Impact**  
**SI of the Americas**

**SoroptiVoice Blog**  
**Soroptimist Int'l**

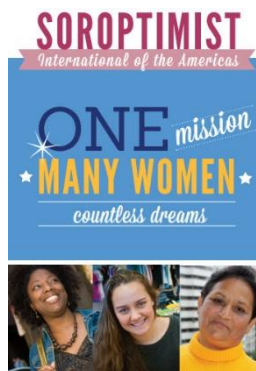
*Please share with your editor when you find something interesting that your fellow members would benefit knowing about, whether a photo, a video, or blog.*

## SOLT – Some Other Little Things

### Soroptimist International of America

Soroptimist International of the Americas has designed a beautiful new tri-fold brochure for clubs to use as an informative resource. It's available in multiple languages and can be edited to reflect each club's contact information.

Check out this beautiful, informative [brochure](#)!



*We would love to hear from you!  
Here's our contact information:*

**Soroptimist Int'l of Elk Grove**  
**P.O. Box 881**  
**Elk Grove, CA 95759**

**[www.SoroptimistElkGrove.org](http://www.SoroptimistElkGrove.org)**

*Email us at:*  
**[hello@SoroptimistElkGrove.org](mailto:hello@SoroptimistElkGrove.org)**

**We're on Facebook. Are you? Find us here:**  
**[www.Facebook.com/SoroptimistElkGrove](http://www.Facebook.com/SoroptimistElkGrove)**

**Find the Facebook SNR Group here:**  
**[Soroptimist Sierra Nevada Region District III](#)**



## Live Your Dream Award Winners

Each year since 1972, Soroptimist has provided financial support to women striving to achieve their dreams despite having faced tremendous obstacles. Through the Live Your Dream Awards (formerly the Women's Opportunity Awards), Soroptimist has made it possible for these women to fulfill their potential despite domestic violence, sexual abuse, poverty, and other hardships. They, in turn, have improved the lives of their families and communities.

Last year, Soroptimist is honored to award \$10,000 to three passionate, hard-working, strong women: [Rebecca Shuflin](#), [Christina Valdez](#), and [Shirlee Draper](#).



**Rebecca Shuflin and family**

Rebecca Shuflin of Humboldt County, California,

describes herself as a survivor. Working to rebuild her life from scratch, the single mother of six is driven by her passion to help homeless families and survivors of domestic violence, an area she is all too familiar with on a personal level.

When Rebecca courageously left her abusive husband, she had been a stay-at-home mom for more than 10 years. She and her children left and sought refuge in the rural Humboldt County community. They spent months living and recovering at Humboldt Domestic Violence Services, and later at Safe Haven, a transitional home for women and their families. Read more about [Rebecca's story here](#)

The second LYD award winner is Christina Valdez.

Christina Valadez of Battle Creek, Michigan, endured a difficult and misguided childhood. The daughter of a migrant worker, she and her three siblings moved frequently so their father

could find work. She recalls living with her family in harsh conditions, often being crammed into one-room shacks, without enough food. When she was three-years-old, her parents divorced and she continued to live with her siblings and father. During that time, she suffered physical, sexual and emotional abuse and neglect at the hands of her father and other family members.

[Read more about Christina's story here.](#)

And, our final LYD award winner is Shirlee Draper.

"Everyone is handed at least some adversity in life. The beauty of our intelligence is that we get to choose how we respond to it," says Shirlee Draper of St. George, Utah. For the single mom of four, that adversity began at birth, when she was born into the extremely patriarchal and polygamous religious order, the Fundamentalist Latter Day Saints (FLDS) sect. [Read more about Shirlee's story here.](#)

## Sandi's Dear Sweet Husband Tom Passed Away

On Saturday, November 28<sup>th</sup>, 2014, Sandi Russell's husband, Tom, was being his usual helpful self at the Dickens's Faire. While helping someone, he had a sudden heart attack and passed away that night.

A Celebration of Life for Tom was held at the Herburger Funeral Chapel on December 6, 2014. It was a lovely event, with wonderful stories told by cherished family and friends. SIEG provided refreshments afterwards. We send our heartfelt sympathies to Sandi.

*Year's end is neither an end nor a beginning but a going on, with all the wisdom that experience can instill in us.*

~ [Hal Borland](#)

## Random (and sometimes wacky) Tips

Submitted by Sherry McLellan

This is such a cute (and easy) idea for gifting cookies or other goodies using a simple paper plate and some ribbon or string. I've even seen it done with colorful rubber bands around the paper plate.

From "Creative Ideas"



## Ina Garten's Greek Panzanella Salad

Submitted by Sherry McLellan

### SIEG OFFICERS

Genny Fulp  
President

Tracey Edwards  
President-Elect

Janet Brabender  
Treasurer

Betty Matsui  
Asst. Treasurer

Peggy Ursin  
Recording Secretary

Annajean Neill  
Corres. Secretary

Karin Lindner  
Betty Walters  
Delegates

Diane Hollingshead  
Club Ambassador

Peggy Ursin  
Parliamentarian

Tracey Edwards  
Newsletter



This is an out of the ordinary and delicious salad that works well as a lunch salad or as a side salad at dinner. Bonus, it will use up your leftover bread. Enjoy!

### Ingredients:

- Good olive oil
- 6 cups (1-inch cubes) French or Italian bread, fresh or day old
- Kosher salt
- 1 hothouse cucumber (unpeeled)
- 1 red pepper, large-diced
- 1 yellow pepper, large-diced
- 1 pint cherry or grape tomatoes, halved

- 1/2 small red onion, sliced in half-rounds
- 1/2 pound feta cheese, cubed
- 1/2 cup Kalamata olives, pitted

### FOR THE VINAIGRETTE:

- 2 cloves garlic, minced
- 1 teaspoon dried oregano
- 1/2 teaspoon Dijon mustard
- 1/4 cup good red wine vinegar
- 1/2 cup good olive oil
- 1/2 teaspoon freshly ground black pepper

### Instructions:

**1.** Heat 3 tablespoons of olive oil in a large sauté pan. Add the bread and sprinkle with salt; cook over low to medium heat, tossing frequently, for 5 to 10 minutes, until nicely browned.

**2.** Meanwhile, cut the cucumber in half lengthwise and scoop out

The seeds with a small spoon. Discard the seeds and slice the cucumber 1/4 inch thick and place in a large bowl. Add the red pepper, yellow pepper, tomatoes, and red onion.

**3.** Next, make the vinaigrette: Place the garlic, oregano, mustard, and vinegar in a small bowl and whisk together. Whisking constantly, slowly add the olive oil to make an emulsion. Add 1 teaspoon of salt and the pepper and taste for seasoning.

**4.** Add the feta, olives, and cooked bread cubes to the bowl with the salad and add the vinaigrette and toss lightly. Set aside for 30 minutes for the flavors to blend. Serve at room temperature.

**Yield:** 6 servings.

### CALENDAR SNAPSHOT

**Jan 9** Program Meeting – CCSD Admin Bldg, 8820 Elk Grove Blvd. Conf. B, Elk Grove

**Jan 10** 2<sup>nd</sup> Wednesday Lunch – Lola's Lounge, 9085 Elk Grove Blvd., Elk Grove

**Jan 12** Board Meeting – Betty Matsui, 9430 Sunflower Rd., Wilton, 95693

**Jan 20** E.G. Chamber Mixer – PDF Liberty Center, 9401 East Stockton Blvd., Suite 125

**Jan 22** Business Meeting – **E.G. Library, corner of E.G. Blvd /E.G. Florin Road.**

**Feb 6** Program Meeting – CCSD Admin Bldg, 8820 Elk Grove Blvd. Conf. B, Elk Grove

## Soroptimist Websites



SIERRA NEVADA REGION  
WWW.SOROPTIMISTSNR.ORG

Governor: Jackie DeMartini

SOROPTIMIST INT'L OF THE AMERICAS  
(FEDERATION)  
WWW.SOROPTIMIST.ORG

President: Poco Davis



SOROPTIMIST INTERNATIONAL  
WWW.SOROPTIMISTINTERNATIONAL.ORG

President: Ann Garvie



## January 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Black – SIEG Green – Fun Orange – Sup- porting Blue - Info				1	2	3
4	5	6	7	8	Program Meeting  7:30 a.m.	10  <b>Senior Center            Pancake Break-            fast</b>
11	12  <b>Board Mtg.</b>  Home of Betty Matsui	13	14  <b>2<sup>nd</sup> Wednesday            Lunch</b>  Lola's Lounge, 9085 Elk Grove Blvd  11:30 a.m.	15  <b>Business            Meeting 6pm</b>  Stanley Real Estate & In- vestment, 9401 E. Stock- ton Blvd, #120	16	17
18	19	20  <b>EG. Chamber            Mixer 5:30-            7pm            The Falls            Event Center</b>	21	22	23	24
25	26	27	28	29	30	31