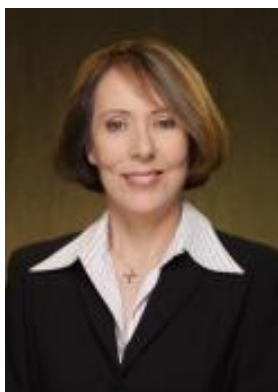


Greetings from the President



Leigh Nurre, President

Inside this issue:

Greetings from the President	1
Save The Dates!	1
No Wednesday Lunch	2
Looking for Trees	2
Planning for Success & Succession Planning	2
Women Honoring Women Who Serve	3
On the Web	3
Out 'n About	4
One More Thing	4
SOLT Notes	4
Violence Against Women and Girls	5
Birthdays	5
December Speaker	5
Random Tips	5
Holiday Morning Crock-Pot® Breakfast	6
Meeting Calendar	6
December Calendar	7

Hello,

Every year, when this month rolls around, it's a time of reflection for me. I reflect on the activities we've been involved in and the activities to come, the camaraderie we've shared and the people whose lives we touched.

November was busy. Members came out to watch the Elk Grove Veteran's Day Parade, and enjoyed lunch at the Velvet Creamery in Galt. Many members worked diligently to get the See's Store and Holiday Boutique ready for Opening Day. **Betty Hall** and her crew logged over 200 hours painting the walls, cleaning the carpet, shelving candy, and arranging holiday and non-holiday décor.

We thank you for your tremendously hard work. Thank you also to many of our members who attended the training event at the store, which is our biggest fundraiser of the year. Our first female Veteran for our new program, "Women Honoring Women Who Serve" (more news to follow) was present at the training. We enjoyed meeting **Maria Gonzales**, who also signed up to work!

We are really getting the word out about the Store. Last month some of our members passed flyers out at the Chamber Mixer at the EG Food Bank. One of our neighbors, Crunch Fitness, has offered to pass out flyers at their vendor fair this month. And several of us are going to sell

See's Candies at the Harvest Church Ladies Conference on December 6. We'll pass out flyers to the 500+/- women who will be in attendance and hopefully sell a large quantity of candy at the same time.

I'm sure we all look forward to settings sales records in 2013. We have many worthy directions to spread the wealth, and the more we sell the more generous we can be.

For now I hope you all had a wonderful Thanksgiving. All the best to you for a happy Christmas season.

Leigh Nurre
President, SIEG



SAVE THE DATES - Fun times ahead!

December 6	December 13	December 14	December 19
Program Meeting Fire Dept. Admin Bldg. Speaker: Kati Treichler 7:30am	Holiday Party Jesse Wright Suites 6:30pm	Edwards' Christmas Party - Potluck Open House 4-10pm	ILP Foster Youth Dinner service - Sungrove Church 4-7pm

2nd Wednesday Lunch Bunch



Ham & Cheese Croissant – Delicious!

This month there will be NO 2nd Wednesday lunch. It was decided to skip it until next year as it would be so close to our party.

Last month we had a wonderful time at the Velvet Creamery in Galt. We had a great turnout! Marie Wood's granddaughter and 2 children joined us. Here's a picture from that lunch; we hope you'll join us next month!



Photo by Annajean Neill



Looking for the perfect tree? Check out one of these tree farms: [Sacramento County](#), [El Dorado County](#), [Placer County](#), [Amador](#), [Calaveras](#), and [Tuolumne Counties](#).

Planning for Success and Succession Planning

Submitted by Tracey Edwards

Mark Your Calendar!

**December 10th
is "Human Rights Day"**

Every year, on Human Rights Day, the President of Soroptimist International selects a project that provides direct assistance to women in extreme need.



I found this [article](#) on Soroptimist.org and thought we would find it useful.

Let me back up a little. Our Club has been around for 27 years, and I'd like it to be around for another 27 years, plus some.

So, how do we ensure that? Well, part of it is retaining members and adding more. The retaining part is just as important as the adding part. One way we can retain our members is

to hear them out, listening respectfully, learn about the [skills they have](#), and the skills they want to learn.

It's also very important to plan for succession.

One way you can do it is by observing people in their leadership positions of program chair, service chair, fundraising chair, etc., see where their skills lay and where improvement is needed to take the next step.

Building confidence and skills in our members can only strengthen our Club.

As Governor Janice once said, "When you're asked to serve, say yes!"



Women Honoring Women Who Serve

Soroptimists of the Sierra Nevada Region unite to begin a new program honoring women serving in our military and veterans in each of our communities with a yearlong show of appreciation and celebration of their commitment to keeping peace.

Our club selected **Maria Gonzalez**. More details in our January's newsletter!

We have three members who also proudly served: **Holly Taylor**, **Diana Holcomb** and **Theresa Thurman**.



Holly Taylor served in the Air Force for 16 years. Holly's background is in Accounting and Finance. During her time in the Air Force, she initiated and

implemented office procedures for the Materiel Section. Holly spent time in Okinawa, Japan, Eglin Air Force Base (AFB), FL, Iraklion Air Station, Greece and McConnell AFB, Wichita, KS.

Holly retired as a Staff Sergeant with many commendations, including AF Commendation Medal, AF Outstanding Unit Award, AF Good Conduct Medal, National Defense Service Medal, and AF Overseas Tour Ribbon.



Diana Holcomb was a Lieutenant in the Navy from 1997-2000. The Navy was the perfect place to practice full-scope optometry. Diana was stationed in Groton, CT (a nuclear submarine base on the Thames River.) Half of her time was spent in

the active-duty clinic and the other half at the hospital evaluating patients of all ages.



Diana and her husband welcomed daughter Elizabeth while in Groton.

Diana enjoyed weekend trips to Maine, Boston and New York.

Diana's experience in the Navy enabled her to come back to CA and feel comfortable being an independent practice owner.

Theresa Thurman will be featured next month.

In a separate but related note, **Janet Brabender** has sewn 11 beautiful "ditty bags" for our (Soroptimist Sierra Nevada Region) honorees.

Thank you Janet, for your generous spirit and exquisite handiwork! We know the honored veterans will love them!

On The Web

Here are some quick links for when you're wandering the Web looking for interesting and informational tidbits!

Our (SIEG) Programs
SI Elk Grove

My Sister's House
Soroptimist SNR

Our Global Impact
SI of the Americas

SoroptiVoice Blog
Soroptimist Int'l

Please share with your editor when you find something interesting that your fellow members would benefit knowing about, whether a photo, a video, or blog.

Check out the new video on Page 5!

“Out ‘n About”



Elk Grove's Veteran's Day Parade had a large contingent of Members present: **Joyce Link, Tracey Edwards, Diane Hollingshead, and Carol Crump.**

See's Candy Store and Holiday Boutique photos



Joyce Link's Uniform

Thank you **Joyce**, for sharing your old See's Candy Uniform.

Wow! What a day! We had a

great crew and got everything priced and sorted.



Janet, Carol, Jane & Joyce

We needed a few people to help shelve goods on Saturday, and we made quick work of it!



And, a special thank you to Lenore (**Jane's** caregiver). She not only brought Jane so she could help, but she made two delicious soups for our lunch.

More Helpers at the Store:



Mary Ann and Genny



Annajeane and Marie

Thanks again to all who helped!

Here are some of our Members at the EG Chamber Mixer at the Food Bank: **Kristine, Marie, Betty, Karin, Tracey, Mary and Genny.**



One More Thing

DISASTER GRANTS FOR WOMEN AND GIRLS

One more way that you can help improve the lives of women and girls globally is to donate to the [SIA Disaster Fund](#). Soroptimist Disaster Grants for Women and Girls target the special needs of women and girls during natural and man-made disasters.

We know that many of our Soroptimist members and communities continue to be affected by Typhoon Yolanda (Haiyan).

Thank you for your donation.

SOLT – Learning More About Soroptimist

Have you seen the acronym – VAGW? Have you heard or seen the phrase – “Enough is Enough?”

There is a worldwide epidemic of **V**iolence **A**gainst **W**omen and **G**irls (VAWG). [This link](#) explains how SI is involved, and how you can get involved.

We can make a difference with these 3 tips: educate, empower and enable:

- Educate to prevent
- Empower to protect, and
- Enable opportunities to support

Please share this information with your friends and family. It's so easy to post the link on your Facebook page, and ask your friends to click the “Share” button.

*We would love to hear from you!
Here's our contact information:*

Soroptimist Int'l of Elk Grove
P.O. Box 881
Elk Grove, CA 95759

www.SoroptimistElkGrove.org

Email us at:

hello@SoroptimistElkGrove.org

Violence Against Women and Girls...a year to make a difference



1 in 3 women will suffer some form of gender-violence in their lifetime. [Violence against women and girls](#) is a global epidemic, affecting every country, every community. But it doesn't have to be that way. Soroptimist International clubs are working around the world to educate, empower and enable women and girls to prevent and eliminate gender-violence, as well as involving men and boys as part of the [solution](#).



December's Special Folks

December 6 – MaryAnn Chappelle

December 13 – Angie Ratti

December 24 – Cathleen Riebe

December 25 – Holly Taylor



December's Speaker is District V Director Kati Treichler



Kati Trieichler is our District Director, responsible for 11 Clubs. Katie likes to attend program meetings to keep a pulse on what all of the clubs are doing.

We look forward to hearing Kati speak at our Program Meeting and hope you will all attend to give Kati a warm welcome!

In everyone's life, at some time, our inner fire goes out. It is then burst into flame by an encounter with another human being. We should all be thankful for those people who rekindle the inner spirit.

~

Albert Schweitzer

Brainy Quotes

Random (and sometimes wacky) Tips

Submitted by Sherry McLellan

ROLLS AND ROLLS

Cut open toilet paper rolls and use as a cuff to save your wrapping paper and keep it from un-rolling.

This works great! I've been using this tip for about a year now and it really keeps my wrapping paper neat and tidy!



SIEG OFFICERS

Leigh Nurre
President

Genny Fulp
Vice President

Peggy Ursin
Treasurer

Lorna Buechler
Asst. Treasurer

Diana Holcomb
Recording Secretary

Leslie Konopinski
Corres. Secretary

Annajean Neill
Karin Lindner
Delegates

Diane Hollingshead
Club Ambassador

Betty Hall
Parliamentarian

Tracey Edwards
Peggy Ursin
Newsletter

Holiday Morning Crock-Pot® Breakfast

Submitted by Sherry McLellan



Make this delicious meal the night before so you can spend your time with your family in the morning, instead of making breakfast!

Ingredients:

6-8 strips of bacon
1 onion, chopped
1 red or green pepper, chopped
1-2lb. bag of frozen shredded hash browns
1½ cups shredded cheese

12 eggs
1 cup whole milk
1 tsp. dried dill
½ tsp. salt
½ tsp. pepper

Directions:

Spray Crock-Pot® with non-stick spray.

Cook bacon until crisp.

Cool; then break/chop into ½- inch pieces and set aside.

Sauté onion, garlic and bell pepper for 5 minutes.

Place ⅓ of the frozen hash browns in the bottom of the Crock-Pot®.

Add ⅓ of the bacon, ⅓ of the onion, garlic, pepper mixture and ⅓ of the cheese.

Repeat layers, ending with cheese.

In a large bowl, mix eggs, milk, dill, salt and pepper.

Pour over ingredients in Crock-Pot®, cover and turn on low.

Cook for 8-10 hours.

When down, thermometer in center should read 160°.

Yield: 8-10 servings.
Recipe from "A Latté with Ott, A", blog

MEETING CALENDAR

Dec. 6 Program Meeting – Fire Dept. Admin Bldg., 10573 E. Stockton Blvd., EG.
Dec. 9 Board Meeting – See's Store, 9645 E. Stockton Blvd., EG.
Dec. 19 ILP Service Dinner, Sun Grove Church, 2285 Longport Ct., EG.
Jan. 3 Program Meeting – Cosumnes Community Services District, Admin Bldg, Suite B, 8820 Elk Grove Blvd., EG

SOCIAL CALENDAR

Dec. 13 SIEG Holiday Party, Jesse Wright Suites, 9275 E. Stockton Blvd., Ste. 100
Dec. 14 Senior Center Pancake Breakfast, 8-10am, Senior Center
Dec. 14 Edwards' Christmas Party, 4-10pm, 4000 Babson Drive, EG, 95758
Dec. 24 Closing Day See's Store and Holiday Boutique!

Soroptimist Websites

SIERRA NEVADA REGION
WWW.SOROPTIMISTSNR.ORG

Governor: Janice Labadie

SOROPTIMIST INT'L OF THE AMERICAS
(FEDERATION)
WWW.SOROPTIMIST.ORG

President: Cheri Fleming


SOROPTIMIST INTERNATIONAL
WWW.SOROPTIMISTINTERNATIONAL.ORG

President: Ann Garvie

SI of Elk Grove



DECEMBER 2013

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 See's CANDIES®	2 See's CANDIES®	3 See's CANDIES®	4 See's CANDIES®	5 See's CANDIES®	6 <u>Program Meeting</u> 7:30-9:30am EGFD Admin Bldg., 10573 E. Stockton Blvd., EG See's CANDIES®	7 See's CANDIES®
8 See's CANDIES®	9 Board Mtg. ?? ???? See's CANDIES®	10 See's CANDIES®	11 Lunch Bunch 11:30-1:30pm See's CANDIES®	12 See's CANDIES®	13 Holiday Party 6:30-10:00pm JW Suites See's CANDIES®	14 Senior CTR Pan-cake Breakfast 8-10am Edwards' Xmas Party See's CANDIES®
15 See's CANDIES®	16 See's CANDIES®	17 See's CANDIES®	18 See's CANDIES®	19 ILP Dinner Service, Sun-grove Church 3-7pm See's CANDIES®	20 See's CANDIES®	21 See's CANDIES®
22 See's CANDIES® 10am-6pm	23 See's CANDIES® 10am-6pm	24 See's CANDIES® 10am-6pm (LAST DAY)	25 Christmas 	26	27	28
29	30	31 HAPPY NEW YEAR'S EVE	1 2014	2	3 <u>Program Meeting</u> 7:30-9:30am CCSD, Admin Bldg., Conf. #B, 8820 EG Blvd.	Black – SIEG Green – Fun Orange – Supporting Blue – Info