



Greetings from the President



Genny Fulp, President

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Hello Members,

As we go on this journey, with me as your new President, and all of our new board members, I would like to think we start this year as a **fun** year and a "together" year.

We have our retreat this month, in which I hope you are all in attendance. This will be our chance to see where our club is headed, and for you to get us there. Without your input and inspiration, it would be difficult to go down the path of success. This is everybody's club, so please feel free to express your opinions and commitment.

We will be hosting the fall District Meeting in October. The ten clubs from District 3 will be in attendance. The committee is in the early planning stages, so there isn't much to

share; there will be announcements soon. You will all be helping with this big event, as there may be as many as 60 – 70 in attendance, and we will need all of you aboard for this! This will be our new District Manager, Barbara Smiley's first and she is looking forward to meeting each and every club member from all 10 clubs. The meeting will be at Cosumnes River College, and if you have ever been to an event at the college, you know this is a **perfect** venue for such a meeting.

We recently took part in the Optimist's ChildSpree. What a delightful event this was! More than 100 children walked away from this event with new school clothes, bike helmets, fresh haircuts, and breakfast. And we had the satisfaction of knowing these

children will be proud to walk down the school halls knowing they were dressed as well as others more fortunate –no different. Thank you to all members who helped with this most wonderful event. A **special** 'thank you' to Ramona J. for all her hard work and gathering she did to make sure all the backpacks were filled to the brim! There were many others, so thank you as well. I believe SIEG did well, and I heard that from several folks that were there also helping out; they were awed by all of our giveaways. What an awesome club we are!!

I am looking forward to seeing you all at the Retreat and hear all your wonderful ideas and thoughts.

Genny Fulp
President, SIEG

SAVE THE DATES - Fun times ahead!

August 10	August 13	September 27	October 18
SIEG Retreat, 710 Village Drive, Galt	2 nd Wed. Lunch Brewsters Bar & Grill, Galt	Bunco Camden Springs Retirement Living Center	District III Winter Mtg.
8am - 4pm	11:30 a.m.		TBD



Brewsters Burger

2nd Wednesday Lunch

This month we will meet at [Brewsters Bar & Grill](#)
201 - 4th Street, Galt, at 11:30am, on August 13th.

Last month we ate at Jim Boy's; everyone enjoyed their meal.



Live Your Dream

Live Your Dream is a community that connects people online to do volunteer work offline that helps women and girls to live their dreams. When you join the Live Your Dream community, you join a group of like-minded individuals who dream of making the world a better place for women and girls. [JOIN](#) the community now and let's make those dreams a reality.



You can make a difference in various areas: stopping sex trafficking, domestic abuse, helping single head-of-household women gain access to education, and more. Check out their video called "[All About Us!](#)"

Mark Your Calendar!



SIEG Retreat

August 10, 2014

Emerald Village
710 Village Drive
Galt, CA

The Retreat runs from
8:00am – 4:00pm

This is your opportunity to help plan our course for the year. Bring your upbeat attitude, open mind and expectations. [Click Here](#) for a map.

We need everyone to print out the 2 forms at the end of this newsletter, fill them out, and bring the forms with you to the Retreat.

August Awesome Birthday

August 24 – Leigh Nurre



Optimist's ChildSpree at Kohl's

by Genny Fulp

The Optimist's ChildSpree at Kohl's was a HUGE success!. There were so many volunteers helping all these wonderful and adorable children, it made getting up at 'dark-thirty o'clock' well worth it. We had Ramona Johanson (of course, she made us look so good with all she did), Diane Hollingshead, Karin Linder, Kristine Smith, Marie Jachino, Denise Costello doing dual with EGPD and SIEG, and myself. Ramona had her family there Paul Sr./Paul Jr., and Dad, to also help, and round out our club.

The children walked away with big bags of clothes, after being given breakfast and fitted with new bike helmets. Other services offered were: eye examinations and new glasses, haircuts, fingerprinting, and face painting. Plus, new backpacks with all the school supplies they will need to start school! Prior to the event, we had a backpacking party at Ramona's, and stuffed the backpack with all of the school supplies they will need to start school. And finally, a new stuffed animal and book.



Facebook 101

Submitted by Tracey Edwards

This column will return in September. This will give you time to play around on Facebook and decide what you would like to learn about.

SDR Board Meeting

Submitted by Betty Hall

I attended the SDR Board meeting, primarily to give my final report for Women Honoring Women Who Serve. Following are some notes:

WHWWS

- 56 clubs participated, 57 women honored
- 510 meals served that evening
- Total expenses for the program were \$7,9940.70 (approximately \$2,500 under budget)
- Didi Chaney, Ruby Award Coordinator, suggested we might want to honor a military person for the Ruby Award.

Conference Dates

- All conferences, through 2020, will be held the 4th weekend in April at the Atlantis.

SDR Dates/Update

- Attendance was down this year, 130 attendees
- Dates are 7/25 - 26/2015; 7/9 - 10/2016 (Saturday/Sunday). Scheduled weekends to see if training will be better attended.

Membership

- Two clubs are disbanding: SI Anderson/Cottonwood and SI Nevada City. Reportedly, all members have transferred to other clubs.

Program

- Biennium Program was My Sisters House. A total of \$17,492 was donated.
- Live Your Dream (formerly WOA). It was voted to give each top award winner a laptop in addition to funds. Maximum value of laptop is \$500.

[Click Here](#) for Past Governor Janice's notes on Women Honoring Women Who Serve.

"Those who are happiest are those who do the most for others."

Booker T. Washington

[GoodReads](#)

On The Web

Here are some quick links for when you're wandering through the Web looking for interesting and informational tidbits!

[Our \(SIEG\) Programs](#)
[SI Elk Grove](#)

[My Sister's House](#)
[Soroptimist SNR](#)

[Our Global Impact](#)
[SI of the Americas](#)

[SoroptiVoice Blog](#)
[Soroptimist Int'l](#)

Please share with your editor when you find something interesting that your fellow members would benefit knowing about, whether a photo, a video, or blog.

“Out ‘n About” SIEG Supporting Others



Janet Brabender and Genny Fulp attended the SDR in Reno, Nevada on July 18th & 19th. They are shown with Sierra Nevada region's new Governor Jackie DeMartini. Genny said, "I felt honored to have Jackie take a picture with us, as she was busy making sure all events were going smoothly, so I was happy she accommodated us."



District Manager Barbara Smiley shared breakfast with Genny and Janet on Saturday morning, and it was a great time to meet other new Presidents/returning Presidents and staff of District 3.

On July 10th, Marie Wood and Sherry McClellan picked up donations from Wal-mart and Old Navy for our WEAVE crisis kits.

Below is a picture of everything they were able to get. We will be donating 14 pairs of pants, 14 tee shirts, 38 pairs of flip flops and 30 pairs of ladies briefs.



WEAVE Crisis Kits

On Thursday, July 24th members gathered to stuff backpacks for students. But, first they had fun.



Then they got down to the business of stuffing school supplies into backpacks.



That is a lot of backpacks!

The supplies included rulers pens, pencils, toothbrush, toothpaste, and more!



And, here are the proud members who gathered to stuff backpacks to help our needy schoolchildren.



Join us next year when we do this again!

SOLT – Learning More About Soroptimist

Shaping the Future of Soroptimist

Shaping the Future is SIA's internal strategy for moving the organization forward with a new strategic direction. It will focus on SIA building its collective impact.

Shaping the Future asks for just a few key things from clubs:

- Focus on projects, especially Live Your Dream awards, that help women and girls gain access to education, which is the best way to ensure their future success.
- Make Soroptimist your charity of choice.

*We would love to hear from you!
Here's our contact information:*

Soroptimist Int'l of Elk Grove
P.O. Box 881
Elk Grove, CA 95759

www.SoroptimistElkGrove.org

Email us at:

hello@SoroptimistElkGrove.org

New Member Bio – Gale Brodie



Gale Brodie

I joined SIEG FINAL-
LY. I have a girlfriend
of 30 years who has
been active In Soropti-
mists for just as long
and has adored her
group. It was always
something on my “to
do” list. The idea of
combining work, chari-
table causes & fun is
too appealing! I like the
idea of being active in
my local community.

I moved to Elk Grove on
the recommendation of
my realtor back in 1995.

and have made it my
home. My mom moved
from Sonora, after the
passing of my dad, in
2004. When I worked
for Dean Witter we un-
derwrote the La-
guna/Elk Grove bonds
to develop Laguna
West.

You asked what I have
liked about SIEG; so far
it's been getting in-
volved with the Board
meetings. I look for-
ward to lots of other
opportunities with our
club.

I love travel, shopping,
reading, Stanford foot-
ball, NASCAR, walks
on beaches, lazily flip-
ping through food &
home design maga-
zines, floating in my
pool, music of the 50's
& 60's and Broadway
show tunes. Collecting
cookbooks is almost
getting to be a sub-
stance abuse problem!

People would be sur-
prised to know that I
was the initial Chair of
the Sacramento Wom-
en's Network Trade
Faire. I was past Presi-
dent of the Sacramento
Chapter of the American
Society of Individual In-
vestors. And, almost a
lifetime ago, was Presi-
dent of the California
Condominium Associa-
tion.

People shouldn't be sur-
prised that even though I
have a keen sense of
humor, I am serious in
all that I endeavor and
have lots of energy; es-
pecially after a nap.

People shouldn't be sur-
prised to know that I am
a Taurus...☺



Soroptimist Club Grants

To help clubs meet
community needs, So-
roptimist introduced the
**Soroptimist Club
Grants for Women and
Girls** in 1997 to assist
with community projects
that improve the lives of
women and girls. The
Soroptimist organization
funds about \$175,000
each year in Soroptimist
Club Grants. **Since the
program's inception,
nearly \$1.4 million has
been awarded and
clubs have assisted
more than 100,000
women and their fami-
lies.**

This year our club
should take this oppor-
tunity to apply for a grant
for an existing program
(Stop Teen Dating Vio-
lence) or to help develop
a new one!

So, who has “mad skills”
for writing grant pro-
posals?

Random (and sometimes wacky) Tips

Submitted by Sherry McLellan

Renting a car for vacation or road trip this summer? This could be a very handy thing to know!

Can't remember or don't know which side of the car your gas tank is on? Look at your gas gauge. Most cars have a small arrow pointing to the side that the tank is located. Wow, how cool is that.....how could I not have known this?!?



SIEG OFFICERS

Genny Fulp
President

Tracey Edwards
President-Elect

Janet Brabender
Treasurer

Betty Matsui
Asst. Treasurer

Peggy Ursin
Recording Secretary

Marly Hansen
Corres. Secretary

Gale Brodie
Karin Lindner
Delegates

Diane Hollingshead
Club Ambassador

Betty Hall
Parliamentarian

Tracey Edwards
Newsletter

Roasted Tomatoes with Pesto

Submitted by Sherry McLellan



This is a very flavorful side dish made with garlicky pesto, so (according to Ina Garten, the Barefoot Contessa) it needs a quiet main dish to go with it. She suggests a roasted fish would balance it nicely. Great summer flavor....mmmmm, mmmmm, mmmmm!

Ingredients:

2 – 2 ½ pounds of large,

firm, ripe tomatoes
3 tablespoons of olive oil
2 teaspoons of dried oregano
Kosher salt
½ teaspoon freshly ground black pepper
½ cup pesto, store-bought or homemade
½ cup freshly grated Parmesan cheese

Instructions:

Preheat oven to 425 degrees.

Core the tomatoes and then slice them across (not through the stem) in ½ inch slices. Arrange slices in a single layer on a sheet pan. Drizzle the tomatoes with the olive oil and sprinkle with the

oregano, 1/12 teaspoons salt and the pepper.

Bake the tomatoes for 10 minutes. Remove from oven; spread each slice with pesto and sprinkle with the Parmesan cheese. Return the tomatoes to the oven and continue baking for 7 – 10 minutes, until the Parmesan is melted and begins to brown. Using a flat metal spatula put the tomatoes on a serving platter and sprinkle with extra salt and serve hot, warm or at room temperature.

From ***Barefoot Contessa***
How Easy is That?

CALENDAR SNAPSHOT

Aug 10 Annual Retreat - 710 Village Drive, Galt

Aug 11 Board Meeting –Tracey Edwards, 4000 Babson Drive, Elk Grove

Aug 13 2nd Wednesday Lunch, Brewsters Bar & Grill, 201 – 4th Street, Galt

Sept 5 Program Meeting, CCSD Admin Blvd, 8820 Elk Grove Blvd. Conf. B, Elk Grove

Sept 27 Bunco Fundraiser, Camden Springs, 8476 Sheldon Rd., Elk Grove

Soroptimist Websites

SIERRA NEVADA REGION
WWW.SOROPTIMISTSNR.ORG

Governor: Jackie DeMartini

SOROPTIMIST INT'L OF THE AMERICAS
(FEDERATION)
WWW.SOROPTIMIST.ORG

President: Cheri Fleming



SOROPTIMIST INTERNATIONAL
WWW.SOROPTIMISTINTERNATIONAL.ORG

President: Ann Garvie



August 2014

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31		Black – SIEG Green – Fun Orange – Supporting Blue - Info			1	2
3	4	5	6	7	8	9 Senior Center Pancake Break- fast
10 Our Retreat Galt	11 Board Mtg. Tracey's House	12	13 2nd Wednes- day Lunch Brewsters, Galt	14	15	16
17	18	19	20	21	22	23
24 Leigh Nurre's Bday	25	26	27	28	29	30



Membership Quick Check

As a tool to help each of our members get the most out of their experience with Soroptimist International of Elk Grove we ask each member to fill out this questionnaire and return it with your dues payment. Thanks you.

First Name: _____ Last Name: _____

A. In general, which of these three statements best describes how you feel about your level of involvement this past year:

- _____ I haven't been involved enough and would like to be asked to do more.
(If you checked this one, please give us some idea of what you would like to help with, ex. Fundraisers, thank you notes, projects, guest speakers, etc)
- _____ I'm pretty happy with my current level of involvement
- _____ I'm feeling like I've been over-involved and would like to get a little relief during the coming year.

B. During the coming year, on average, how many hours per month are you willing to give to this club? This includes meetings, programs, fundraisers, etc. Please check the appropriate box:

- | | |
|------------------|-------------------|
| _____ 4-6 hours | _____ 11-15 hours |
| _____ 7-10 hours | _____ 16+ hours |

C. Name your two favorite club activities during the past year:

D. Name two things that you think we really need to improve upon during the coming year:

SWOT Analysis

Strengths:

- *What have we done well this year?
- *What is working for us?
- *What skills are we strong in?

Weaknesses:

- *What could we have improved?
- *What didn't work so well?
- *What skills are we lacking?

Opportunities:

- *Where do we have opportunities to grow?
- *What opportunities have we heard about this year that we might want to get involved in?

Threats:

- *What poses a potential risk to us in terms of membership, fundraising, public awareness, or programs?
- *Any risk to our events?