

Greetings from the President



Leigh Nurre, President

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In addition to our regular Board, Program and Business meetings, many Soroptimists have been very involved in club activities this past month.

The mixer that we combined with a celebration of Women's Opportunity and Violet Richardson Award winners was proposed at the February 20th Business meeting, and the event was presented three weeks later on Friday, March 14. I am impressed with the can-do attitude of our club. Thank you Committee Chair Mary Ann Chappelle for all of the steps involved in selecting the WOA and VRA winners. Thank you also for planning the event where winners received their awards in the presence of their family and friends and lots of SIEG members.

Thank you to club members who performed a valuable service to SIEG member Betty Hall and her family. Every year the "Walk to Remember" honors Bryan Hall who was killed in Iraq in 2009. In advance of this event, a dozen or so members spent hours and

hours tying ribbons and "Save the Date" cards to flags that will be given to "Walk" participants. Please join the flag brigade next year and have fun doing a good deed with fellow members.

Several SIEG members spent March 22 volunteering at the Youth Fair that was held at the Elk Grove Police Department. As you may know, our club is actively trying to figure out our place in the teen dating violence prevention system. Children and their parents were invited to attend the Youth Fair. Kids who visited the SIEG booth were given a variety of informational items, including brochures, bookmarks, pens, wristbands and other items that promoted the Teen Dating Violence Prevention message. Many parents stopped by the booth and told SIEG volunteers they were performing a very valuable service. Thank you to Janet B., Sherry. Annajean, Tracey, Diane, Kristine, and Marie W. for getting the ball rolling on this new service area.

Many activities and events are scheduled for the rest of this year and we hope you'll participate in as many as you have time and energy for. Among them are the Installation Dinner. I want to report that for a variety of reasons, your president and vice-president decided to seek an alternative to the Old Spaghetti Factory for the June 19th event. We discovered that Elk Grove has grown in most respects except where banquet facilities are concerned. We expanded the search beyond our borders and found that the Aviator Restaurant at the Sacramento Executive Airport meets most of our selection criteria, including price, facility size and quality. As always, we'll carpool with those ladies who don't drive at night.

Thank you for your loyalty to the club.

Leigh Nurre
President, SIEG



SAVE THE DATES - Fun times ahead!

April 4	April 10	April 12	April 17
Program Mtg. CCSD Bldg, 8820 EG Blvd. Speaker: Anne Marie Schubert, Deputy District Attorney 7:30 a.m.	2 nd Wed. Lunch Golden Dragon Chinese Restaurant 11:30 a.m.	Bryan E. Hall Walk to Remember, EG Regional Park Early	Business Mtg. Jesse Wright Conf. Ctr., 9275 E. Stockton Blvd. #100 6 p.m.



Golden Dragon lunch

2nd Wednesday Lunch

This month we will meet at the Golden Dragon Chinese Restaurant, 8470 Elk Grove Blvd, Elk Grove, at 11:30am, on April 9th.

Last month we tried a Vegan restaurant; it's amazing that you can make "cheese-cake" without any dairy.



District V Winter Meeting!

This year we had a good turnout for the Winter Meeting held in Rancho Cordova. City Councilwoman Linda Budge presented District Director Kati Treichler the Key to the City of Rancho Cordova. Governor Janice Labadie gave an update on SNR Region activities, and talked about M.O.R.E. – Membership, Orientation, Retreat, and Editorial. M.O.R.E. is a challenge to each club to have hold an event for each one of the first 3 and writing an editorial for your local newspaper.

Joanne Tremelling, the SNR Trafficking Czarina gave an update on human trafficking in the region. Director Nilda Valmores, of SI Sacramento, gave an update on My Sister's House. And, Lead Case Manager Elisabet Medina gave an update on Opening Doors. Opening Doors strives to empower refugees, immigrants, human trafficking survivors, and underserved residents in the Sacramento area.

First time attendees were welcomed with a star-shaped glow stick and a beautiful card wallet, handmade by the SI Sacramento North club.

Mark Your Calendar!

Soroptimist Wine Tasting Gala

May 8, 2014

The Old Sugar Mill
Clarksburg, CA

The Event runs from
5:50pm – 8:00pm

Tickets are \$25 each - \$12 of every ticket sold will go back to the Club that sells the tickets and everyone gets a fun evening of wine, hors d'oeuvres and great company.

See you there!

April's Awesome Birthdays

April 12 – Annajean Neill
April 14 – Tracey Edwards
April 14 – Lorna Buechler
April 29 – Ramona Johanneson



What Other Soroptimists are Doing?

Here are some upcoming fundraisers around the Region:

- May 6 – SIGS, Human Trafficking Update, Piatti Restaurant, 11:30 – 1:30 pm, \$22
- May 8 – SNR, District Spring Wine Tasting Gala, Old Sugar Mill, 5:30 – 8:00 pm, \$25pp.
- July 19 – SIGD, 20th Annual Benefit Golf Tournament, \$60

May 8, 2014 is our **Foster Youth ILP Picnic in the Park**. Once again Karin Lindner is in charge and appreciates all of the help we can give her to make this special for the students. We'll set up starting at 3pm and should finish by 7pm. Thank you for signing up to help out!

Facebook 101

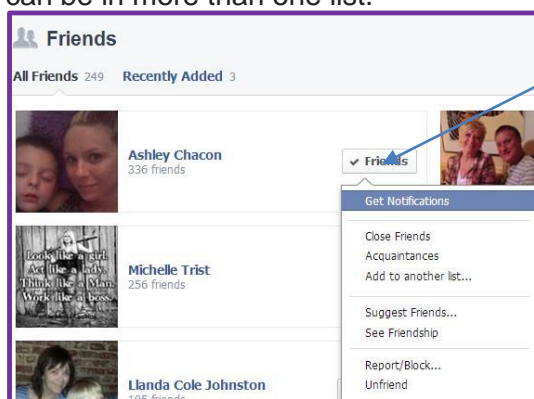
Submitted by Tracey Edwards

Now that you're comfortable uploading photos let's talk about safety and photo sharing. Even though you have your security settings tight, which means you've chosen exactly who can see your page, you can also be very specific with whom you are sharing your photos.

Your options are: public (everyone), close friends, friends, friends except acquaintances, only me, or custom. You can have even more options if you add your Facebook friends to lists that you create.

You already have choices of Close Friends and Acquaintances. With Close Friends, you will see more of them in your News Feed and get notified each time they post. With Acquaintances, they will rarely show up in your News Feed.

Go to your Homepage, click on Friends and then choose a friend and click on the [box on the right](#). Then click on "Add to another list." When you scroll down to the bottom of that box, click on "Add list" to organize your friends more. And, remember that your friends can be in more than one list.



When you're uploading a photo to Facebook look for this [drop-down menu](#) so you can choose who can see your photo.



Now to the safety part. When you are taking photos of young children with your smartphone, and you're in their home, or even your home, make sure that your GPS setting is turned off. Here are [six helpful tips](#) about sharing photos on Facebook, Tumblr or any other social media site.

See you on Facebook!

**Strive not to
be a success,
but rather to
be of value.**

~

Albert Einstein
Brainy Quotes

On The Web

Here are some quick links for when you're wandering through the Web looking for interesting and informational tidbits!

[Our \(SIEG\) Programs](#)
[SI Elk Grove](#)

[My Sister's House](#)
[Soroptimist SNR](#)

[Our Global Impact](#)
[SI of the Americas](#)

[SoroptiVoice Blog](#)
[Soroptimist Int'l](#)

Please share with your editor when you find something interesting that your fellow members would benefit knowing about, whether a photo, a video, or blog.

We're on Facebook. Are you? Find us here:
www.Facebook.com/SoroptimistElkGrove

Find the Facebook SNR Group here:
[Soroptimist Sierra Nevada Region District V](#)

“Out ‘n About”

District V Winter Meeting

On March 8th District V held their Winter 2014 Meeting at the Marriott Hotel in Rancho Cordova.

The Si members were welcomed by Rancho Cordova City Councilwoman, Linda Budge.

Governor Janice Labadie, updated the attendees on SNR activities. She also discussed her challenge to Clubs - M.O.R.E., which stands for Membership (event), Orientation (event), Retreat (event) and Editorial (exercise.)



Joanne Tremelling, SNR Trafficking Czarina, SI Folsom/El Dorado Hills, updated members on the changing face of human trafficking:

- Girls are being tattooed to show ownership
- Gangs are getting involved
- College girls are recruited – helping pay for education
- 13 year old boys are used to recruit
- Social Media, shopping mall food courts, truck stops

Here are our members who attended with Kati Treichler; not shown is Gale Brodie.



SIEG Mixer

On March 14th, we had our Mixer, to meet potential new members and give out our Club awards.

IT was a festive time with cake, cookies and Diane's

special bacon-wrapped dates. Below are some pictures from the event.



Youth Fair

Some of our members worked our booth at the Elk Grove City Youth Commission's Youth Fair on March 22 at the Elk Grove City Chambers. Our booth was very professional-looking with our table cover, spinning wheel, brochures and giveaways. Here are pictures from the event.



What amazed us about this event was that we were so well-received. Parents, teens, group leaders and others appreciated that we were there to talk about an important issue; and we had resources to give them to either read over themselves, or share with others to start the conversation. This is an unmet need in our community and we need to fill it. Because, these girls grow into women; women who may become members in the future.

SOLT – Learning More About Soroptimist

SI has a global impact in many areas: Violet Richardson Awards being one of them. Allyson Ahlstrom, past Soroptimist Violet Richardson Award recipient and founder of Threads for Teens, is #6 on the [short list](#) of internationally recognized teenage girls who are changing the world!

The Commission on the Status of Women has drafted [a set of agreed conclusions](#) on the priority theme for the year. This document includes an assessment of progress and a set of concrete recommendations for actions by governments, inter-governmental bodies and others.

Key points include: strengthening rights-based language, unpaid care work, standalone goal on gender equality, gender-sensitive budgeting, and more.

*We would love to hear from you!
Here's our contact information:*

Soroptimist Int'l of Elk Grove
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www.SoroptimistElkGrove.org
Email us at:
hello@SoroptimistElkGrove.org

Soroptimist Club Awards

Submitted by MaryAnn Chappelle

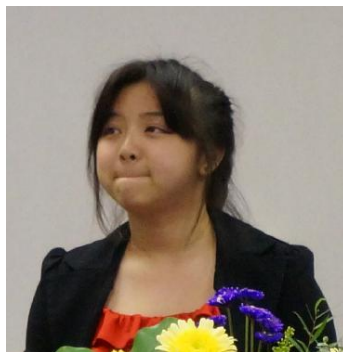
On March 14, 2014 our club held a Mixer to honor our Violet Richardson (VRA) and Women's Opportunity Award (WOA) winners.

The selection committee worked very hard to choose from a very deserving candidate pool. They chose four winners; two for VRA and two for WOA. As you know, only one name per award can be submitted to go forward to the region where they are eligible to win the region award of more money.

The winner of the VRA at the region level receives \$1000. The regional WOA winner receives \$3000.



Mikaela DeRose, 17, Laguna Creek High School, received the VRA for leadership at the Elk Grove Teen Commission.



Vivian Leung 17, Cosumnes Oaks High School, VRA for leadership for the

Pediatric Trauma Program and Eliminate Project through Kiwanis Key Club. Her application has been sent to the region level.



Malee Cha is a single mother of a daughter, who works 24 hours a week. Malee applied for the WOA. She is going to CRC, for a Human Services degree and graduates in December 2014. Her plan is to continue on to Sacramento State for a Social Work degree.



Bhawma Varma wants to complete her nursing degree at Sacramento City College. Her selection as the WOA winner will help her finish her education in a timely manner. Once she is a nurse, her plan is to work and continue her education to get her BSN.

Her application is being sent to region.



April Speaker

For this month's speaker at our program meeting we will have Ann Marie Schubert, a Sacramento County Deputy District Attorney. Ms. Schubert has over 24 years of law enforcement experience. Ms. Schubert currently supervises the Special Assault and Child Abuse Unit. In 2007, she was awarded Prosecutor of the Year.

Ms. Schubert will be speak about both the crime lab and crimes against women, specifically, how DNA is used to solve crimes that are committed against women in our community.

Random (and sometimes wacky) Tips

Submitted by Sherry McLellan

Pants Hangars

Why didn't I think of this!?! Use a *hanger with clips* to hold your recipes up where you can see them. No more drips and spills or greasy fingerprint all over your recipes!!



It's Nomination Time!

by Sherry McLellan

As you may know, Kristine Smith, Marie Wood and I make up the nominating committee for the slate of candidates to be elected into office in May. We will be meeting shortly to get the process moving, so expect to get a call from one of us checking to see if you are interested in being nominated for one of the positions! In addition, you can let us know if you have anyone you would like to suggest for consideration. We will get the consent of each nominee before they are selected as a candidate.

We will be nominating candidates for each of the positions below. Attached is a description of the duties of each office.

- President
- President Elect
- Treasurer
- Assistant Treasurer
- Recording Secretary
- Corresponding Secretary
- 2 Delegates

We will present our report and the candidates at the April business meeting. You will have the opportunity to nominate others at both the April and May business meetings as long as you have the prior consent of your nominee.

Please give some serious consideration to becoming a

candidate for one of these important positions.

If you have questions, let one of us know. We'll be talking to you soon!

*Editor's Note: Soroptimist International is a world-wide **service** organization.*



We wouldn't be in 127 countries and territories – 80,000 club members strong – if women didn't step up to serve in leadership positions. We (SI) wouldn't be "active at all the major UN centres around the world.", if women didn't step up to serve in leadership positions.

Everything we do in our community to raise awareness of issues effecting women and girls around the world helps every other club in the organization. We share information, concerns, ideas, resources, media attention. We want more people talking about the Soroptimist International organization so that it becomes a "Baader-Meinhof phenomenon." (Not that we want to be thought of as obscure...) We do, however, want to grow our club and our membership so we can accomplish our mission.

As Governor Janice once said, "When you're asked to serve, say yes!"

Flag Brigade – 2

Thank you, again, Marie Wood for opening up your home so we could finish up with our flags, ribbons and cards. It was another fun time with tasty (low-calorie) treats and friends around the table.



Things are humming along!



Jane M., Lenora, Cathleen Riebe



Flag Brigade 2

See you at the Walk to Remember on April 12th!

Robin's Egg Nest Cookies

Submitted by Sherry McLellan

SIEG OFFICERS

Leigh Nurre
President

Genny Fulp
Vice President

Peggy Ursin
Treasurer

Lorna Buechler
Asst. Treasurer

Diana Holcomb
Recording Secretary

Leslie Konopinski
Corres. Secretary

Annajean Neill
Karin Lindner

Delegates

Diane Hollingshead
Club Ambassador

Betty Hall
Parliamentarian

Tracey Edwards
Newsletter



1/8 tsp. salt
1/2 tsp. baking powder

Ingredients for Nest:

1 bag Marshmallow Candy Melts (10 oz.) (Made by Wilton, find at JoAnn's or Michael's.)
1-1/3 cup shredded coconut
Blue Cadbury mini eggs

Instructions (Base):

1. Preheat oven to 350° F. Line baking sheets w/parchment paper.
2. In a large bowl, combine cold cubed butter & sugar. Beat together on medium-high speed until light & fluffy, approx. 2-3 mins. Beat in egg; blend well.
3. Mix in dark cocoa powder; blend well. Add the flour, salt & baking powder & blend on low speed until just combined.
4. Spoon dough onto prepared baking sheets, a few inches apart. Flatten each cookie dough ball

w/a spatula creating a disc.
5. Bake 15-18 minutes. Let cookies cool for 5 minutes & cool completely on wire rack.

Instructions (Nest):

6. Line 2 baking sheets w/parchment paper. Following candy melt instructions, place melts in microwave safe bowl & at 50% power, melt for 1 minute, then stir.
7. Continue to melt in 30 second increments, stirring between sessions, until fully melted.
8. Once melted, add coconut, 1/2 at a time, to candy. Stir until mixed. Drop by spoonful on sheets. Make an indentation in each drop. Place molded nests onto cooled cookies. Set 2-3 eggs in each nest. Place cookie nests in fridge for 5 mins. To set.

From Mamma Miss

MEETING CALENDAR

Apr. 4 Program Meeting – Cosumnes Community Services District, Admin Bldg, Suite B, 8820 Elk Grove Blvd., EG
Apr. 14 Board Meeting – Genny's Home, 8667 Corte Del Sol Ct., Elk Grove
Apr. 17 Business Meeting – Jesse Wright Suites, 9275 E. Stockton Blvd. EG
Apr. 25 SNR Conference, Reno, NV
May 2 Program Meeting – Cosumnes Community Services District, Admin Bldg, Suite B, 8820 Elk Grove Blvd., EG

SOCIAL CALENDAR

Apr. 5 [Project RIDE's Trail Ride and Dinner Dance](#), Sloughhouse
May 8 ILP Youth Picnic, Elk Grove Regional Park 3-7pm

Soroptimist Websites



SIERRA NEVADA REGION
WWW.SOROPTIMISTSNR.ORG

Governor: Janice Labadie

SOROPTIMIST INT'L OF THE AMERICAS
(FEDERATION)
WWW.SOROPTIMIST.ORG

President: Cheri Fleming



SOROPTIMIST INTERNATIONAL
WWW.SOROPTIMISTINTERNATIONAL.ORG

President: Ann Garvie



April 2014

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4 Program Meeting 7:30-8:30am CCSD, Admin Bldg., Conf. #B, 8820 EG Blvd.	5 Running of the Elk Project RIDE Trail Ride
6	7	8	9 <u>Lunch Bunch</u> 11:30-1:30pm	10	11	12 <u>Senior Ctr. Pancake Breakfast 8-10am</u>
13	14 Board Mtg. Genny Fulp's Home	15	16	17 Business Mtg Jesse Wright Suites 6:pm	18	19
20	21	22	23	24	25 SNR Conference	26 SNR Conference
27 SNR Conference	28	29	30			Black – SIEG Green – Fun Orange – Supporting Blue - Info