

Soroptimist International of Elk Grove

"Improving the lives of women and children locally and throughout the world

Greetings from the President



Leigh Nurre, President

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Dear Members,

By the time this comes out the See's Store will be history for another year. I want to thank Betty Hall for all of her hard work in making the store a success. When the rest of us volunteer to chair or co-chair a project or event, we work our hearts out. When the day of the event finally arrives each of us knows that when we go to bed that night, we will regain our freedom. So it's hard for most of us to imagine what it's like to continue in the same pressure cooker long after game day. And that's only the beginning of this marathon. The merchandise gets priced and the candy shelves are filled and the store opens, but then staffing requirements kick in and a lot of it falls to Betty. On top of that, because no one knows the store as well as Betty, operations are her de facto responsibility. On 12/18 she rec'd my Mayday phone call about cash register problems. She and John drove over to the store right away. I know that issues continually arose so Betty was

more or less tethered to the store from almost the day we opened until closing day. Betty Hall - we can't thank you enough!

I'd like to acknowledge our inventory control manager, Marie Wood, and her assistants Betty Walters and Cathleen Riebe. Together they made sure that when the store was scheduled to be open and there were people scheduled to work, we also had candy to sell! Inventory control requires finding the balance between supply and demand. It's a complicated and stressful process. We're thankful they were so successful.

Thank you to team members who opened and closed the store every day. Betty, Peggy, Diane, Lorna and Kristine devoted time and energy to this essential task and it is greatly appreciated.

A **HUGE** thank you to all club members who responded to the call of duty with enthusiasm, good cheer, and many hours of

time and effort as a part of the See's Candies sales force. The store couldn't have functioned without a dedicated sales team. We owe a debt of gratitude to every member who fulfilled their commitment to work several shifts over the last four weeks.

Thank you also to Soroptimister Gary Lindner who helped acquire holiday boutique items in multiple trips to Galt with his wife Karin Lindner and the Halls.

It's an understatement to say how fortunate we are to have the See's Store fundraiser. The holiday store enables our club's generosity, which gives us impressive positioning in the community. The rewards we reap from the support we give is incalculable.

Let's give a standing "O" to Betty Hall and Soroptimister-in-Chief John Hall. Happy new year to all!

Leigh Nurre President, SIEG



A little thought and a little kindness are often worth more than a great deal of money.

~ John Ruskin

The Good Companion Italian sandwich.

2nd Wednesday Lunch Bunch

This month we will meet at <u>Bravo's Soup & Sandwich Shoppe</u>, 9160 E. Stockton Blvd, Elk Grove, at 11:30am, on January 8th.

Bravo's motto is "Bringing Farm to Fork. Harvest to Home. Access to Agriculture."





The City of Elk Grove has a Christmas Tree Collection Schedule for recycling, with 3 Options. Click Here to see which one works for you. Did you know you can also recycle your Christmas and Holiday lights? Well, you can. Click Here for more information.

SAVE THE DATES - Fun times ahead!

Mark Your Calendar!

February 8th BUNCO!

Camden Springs, 8476 Sheldon Rd, ELK GROVE

Players will enjoy a light continental breakfast, snacks, beverages and favors. Tickets are \$25. All proceeds benefit Elk Grove and surrounding communities.



January 8	January 22	February 8
2 nd Wednesday Lunch Bravo's Soups & Sandwiches, 9160 E. Stockton Blvd.	Soroptimist in the City, TBA	Bunco Fund- raiser, Camden Springs Registration: 9:15am
11:30am		
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Congratulations to the Konopinskis!

Congratulations to Leslie's Konopinski's husband, Jim, for winning First Place in their neighborhood for his stunning light display!

Jim has "placed" in past years, but this is the first year he won. And, we're sure it won't be the last!



The Foster Youth Dinner was a success!

I wanted to give you a quick report that the Foster Youth ILP dinner wa

I wanted to give you a quick report that the Foster Youth ILP dinner was a big success last night. Karin Lindner did a super job planning and preparing every step of the evening so that it would They all seemed to enjoy the evening very much. There will be more details to follow. For now I just want everyone to be aware of our latest success. On behalf of the entire club I'd like to thank Karin for her incredible hard work. Our purpose was to



create happy memories for the youth and the objective was clearly achieved. Thank you also to all of the committee members who participated and did yeoman's work to make the event a success.

Facebook 101

First, let me say that Facebook is fun. It's also timeconsuming, ever-changing and can be a little scary.

I'm here to help you take the scary out of it.

- In order to make "Friends" on Facebook, you need to join. This entails giving up some of your information. What you receive in return is the ability to share photos, videos, birthday wishes and more with your local friends and your faraway family.
- You can <u>set your security settings</u> to limit what non-friends see on your page.
- 3. What you see on your "News Feed" is seen only by you. As my husband Jack explains it, think of looking through a knothole in a fence. You see what's available through your knothole; your friends sees something else.

- When you "Like" a
 Page or accept a
 "Friend" request, up dates from their
 pages are posted on
 your News Feed.
- 5. Facebook also gives you the choice to sort your News Feed by either Top Stories or Most Recent. If you choose Top Stories, then you leave it in Facebook's hands to decide what they think are top stories. If you choose Most Recent, then your News Feed is sorted from most recent updates to oldest.



 You can choose who you "share" an update with by clicking on the drop down menu in the Box.



- 7. When you "Like" a Page or accept a "Friend" request, updates from their pages are posted on your News Feed.
- 8. You can change your Cover photo as often as you like. Think of that space as where you can be creative, share your interests, your favorite photo, and anything else that is a .jpg file. But, remember, that every time you change your Cover photo, your Friends get an update.
- If you would like more of a step-bystep process, <u>click</u> <u>here</u> to go to Learn-Free.org.

On The Web

Here are some quick links for when you're wandering the Web looking for interesting and informational tidbits!

Our (SIEG) Programs
SI Elk Grove

My Sister's House Soroptimist SNR

Our Global Impact
SI of the Americas

SoroptiVoice Blog Soroptimist Int'l

Please share with your editor when you find something interesting that your fellow members would benefit knowing about, whether a photo, a video, or blog.

Check out the new video on Page 5!

We're on Facebook. Are you? Find us here: www.Facebook.com/SoroptimistElkGrove

Find the Facebook SNR Group here:

Soroptimist Sierra Nevada Region District V

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"Out 'n About"



President Leigh, Kristine Smith, Marie Wood and Tracey Edwards participated at the Harvest Church selling See's Candies. (Not pictured are Marie's 2 great-granddaughters Shelby and Abby Wood who were immensely helpful!)

Our Holiday Party was held at the Jesse Wright Suites on December 13th.



Doug, Genny, Marie & Diane

Everyone brought something scrumptious to eat.



Betty, Leigh, and Leslie

Below is a picture of our Christmas tree. Click on it to see the Smilebox scrapbook that Tracey created.



Click on any picture in the Smilebox to enlarge.

We were happy to sing a few carols, led by Carol!



We were very busy this month with running the See's Candy Store and Holiday Boutique. Betty Hall and her committee did a bang-up job of filling all of the shifts necessary to keep the Store open for 25 days! Next month we will have the final totals of how much candy and merchandise was sold, as well as how many pounds of candy was donated to

See's for Soldiers. Here is a before pic of the Store:



Photo by Kristine Smith

And, here is the after picture, taken about 2:15pm on Friday, December 27th.



Ready for the next tenants

Thanks again to all who helped! And a special shout-out to our Soroptimisters John Hall and Gary Lindner. Along with Karen Lindner, they loaded up everything and took it to storage. It's all ready for next year's new Store Chair! Betty Hall is the most organized person; she has a binder

Ready to hand it off. So, start thinking about how you would decorate it if you were in charge! Betty promises to be available for consultations, but's she's happy to let someone else's vision take shape!

Our next fun time together was organized by Karin Lindner. We showed up at the Sungrove Church to serve dinner to the Independent Living Program students. The students had a wonderful time and were very appreciative!



And, then to wrap up year's end, Diane scheduled a candy cane martini tasting on Boxing Day at Paesano's.



and merchandise was sold, the most organized as well as how many pounds of candy was donated to

SOLT - Learning More About Soroptimist

Have you reviewed the SIA 2013-2014 Strategic Plan Alignment? Here is the link: <u>Strategic Plan Alignment</u>.

The "Big Goal" which is 10-15 years out is to increase collective impact. The idea is that all levels of SIA (Club, District, Region) will collectively provide a sustainable impact on the lives of women and girls.

One big change is the loosening of restrictions on membership requirements, such as clubs *should* have 12 members, *must* have 15. This will make it easier on small clubs to remain in good standing. Another Objective is to "Enhance the ability of regions, clubs and members to raise awareness of Soroptimist in local communities." With every dinner we serve, every box of See's candy we sell, every backpack we stuff,

We would love to hear from you! Here's our contact information:

Soroptimist Int'l of Elk Grove P.O. Box 881 Elk Grove, CA 95759

www.SoroptimistElkGrove.org

Email us at:
hello@SoroptimistElkGrove.org

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I'm Just Saying...

This is the space where every member can express an opinion, provide a few words on a topic of your choosing, brag about grand-children or anything else you want to say (keep it clean!) Please don't be shy. We agreed at the retreat that more members will be contributing to the newsletter from now on, and that means YOU too! So here's my two cents worth from **Kristine...**

As the saying goes, "Tis the season to be jolly"...; unless of course, you are one of the many people in society that is homeless, ill, without a family or friends or below the poverty line. The holiday season then takes on a whole different meaning and one that we should not forget. It's not good enough to simply write a check or buy a toy at this time of year, but to remem-

ber the other 11 months out of the year as well. Great Leaders understand the relationship that exists in a society between what we have and what we give back to help others. It is all of our responsibility to reach within and bring forth compassion and understanding to those less fortunate. Keep them in your thoughts as you enjoy the holiday and the blessings you have to cherish.

Watch our very
own Betty Hall as
she is interviewed
in the See's Candy
Store regarding
"Walk To
Remember"

Click Here



January's Special Folks

January 4 – Genny Fulp January 4 – Rose Geerts January 24 – Diane Hollingshead



January's Speakers are Oscar O'Con and Bob Lent

Never believe that a few caring people can't change the world. For, indeed, that's all who ever have.

> Margaret Mead Brainy Quotes

Random (and sometimes wacky) Tips

Submitted by Sherry McLellan

Tissues

Hopefully you do not catch a winter cold, but if you should... here is a clever tip to help you deal with all of the tissues you'll use.

Attach an empty tissue box to the one you are using so you have a place to stuff the used ones. Keep a set next to the couch, one on your nightstand and one in the car.



SIEG OFFICERS

Leigh Nurre President

Genny Fulp Vice President

Peggy Ursin Treasurer

Lorna Buechler Asst. Treasurer

Diana Holcomb Recording Secretary

Leslie Konopinski Corres. Secretary

Annajean Neill Karin Lindner Delegates

Diane Hollingshead Club Ambassador

Betty Hall Parliamentarian

Tracey Edwards Peggy Ursin Newsletter

Chicken Pizzaiola with Basil & Capers

Submitted by Sherry McLellan



Happy New Year's! Did you enjoy the holidays a little too much? Did you make a New Year's resolution to lose some weight? Well, here is a Weight Watcher's recipe that might help you meet your goal!

Ingredients:

4 5 oz. skinless boneless chicken breasts 3/4 teaspoon dried oregano 1/2 teaspoon salt

½ teaspoon black pepper
2 teaspoons olive oil
1 onion, thinly sliced
1 red bell pepper, thinly sliced
2 large garlic cloves, minced
1 ½ cups no-salt-added
marinara sauce

½ cup reduced-sodium chicken broth

1 tablespoon nonpareil (tiny) capers, drained

¼ teaspoon red pepper flakes¼ cup grated Parm. Cheese8 fresh basil leaves, torn

Place chicken between 2 pieces of plastic wrap. With meat pounder or rolling pin, pound to even thickness.

Sprinkle chicken w/oregano, salt, and black pepper. Spray

large nonstick skillet with nonstick spray & set over medium high heat. Add chicken and cook until golden brown, about 1½ minutes per side. Transfer to plate.

Add oil to skillet and reduce heat to medium. Add onion & bell pepper; cook, stirring frequently, until onion is lightly golden, about 7 minutes. Add garlic and cook, stirring frequently, about 1 minute. Return chicken to skillet along with marinara sauce, broth, capers and pepper flakes. Simmer until chicken is cooked through, about 5 more minutes. Serve sprinkled with Parmesan and basil. One serving = one chicken breast and 1/3 cup veggies with sauce. It is 257 calories.

MEETING CALENDAR

- Jan. 3 Program Meeting Cosumnes Community Services District, Admin Bldg, Suite B, 8820 Elk Grove Blvd., EG
- Jan. 6 Board Meeting Peggy Ursin's home, 9272 Spilsby Ct., Sac.
- Jan. 16 Business Meeting Jesse Wrights Suites, 9275 E. Stockton Blvd. EG
- Feb. 7 Program Meeting Cosumnes Community Services District, Admin Bldg, Suite B, 8820 Elk Grove Blvd., EG

SOCIAL CALENDAR

- Jan. 11 Senior Center Pancake Breakfast, 8-10am, Senior Center
- Jan. 22 Soroptimist in the City
- Feb. 8 Bunco Fundraiser, Camden Springs, 8476 Sheldon Rd., EG

Soroptimist Websites

SIERRA NEVADA REGION WWW.SOROPTIMISTSNR.ORG

Governor: Janice Labadie

SOROPTIMIST INT'L OF THE AMERICAS (FEDERATION)
WWW.SOROPTIMIST.ORG

President: Cheri Fleming

SOROPTIMIST INTERNATIONAL WWW.SOROPTIMISTINTERNATIONAL.ORG

President: Ann Garvie

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SI of Elk Grove

January 2014

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Happy New Year's Eve	1 New Year's Day	2	3 Program Meeting 7:30-8:30am CCSD, Admin Bldg., Conf. #B, 8820 EG Blvd.	4
5	6 Board Mtg. Peggy Ursin's	7	8 <u>Lunch Bunch</u> 11:30-1:30pm	9	10	Senior Ctr. Pancake Break- fast 8-10am
12	13	14	15	Program Mtg Jesse Wright Suites 6:pm	17	18
19	20 Martin Luther King Day	21	Soroptimist in the City	23	Belly Laugh Day	25
26	27	28	29	30	31	Black – SIEG Green – Fun Orange – Supporting Blue - Info