

Soroptimist International of Elk Grove

"Improving the lives of women and children locally and throughout the world.

Greetings from the President



Leigh Nurre, President

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February Calendar

Thank you again to Betty Hall for six years of commitment to the See's Store. As you all know, Betty has stepped down, so SIEG is at a turning point. Our ability to continue in the same generous mode as in the past largely depends on our succession plan for the See's Candies Store and Holiday Boutique. In short, we need Betty's replacement(s) to recognize their God-given talent and step up to assume leadership in the relatively near future. It can be one person, or a team of two. We'll be open to all possibilities.

There's a wealth of opportunity for SIEG members to help. Think about your own ability to lead the project, or to perform (with the help of volunteers) one of these jobs listed below. Most positions won't require any activity until October:

- (1) Candy purchase and inventory control.
- (2) Decorations (i.e. garland, trees, lights, etc.).
- (3) Finance.
- (4) Merchandising (purchasing boutique items, inventory, pricing, and shelving).
- (5) Publicity.
- (6) Scheduling.
- (7) Setting up and tearing down the store.

Betty will provide transitional consulting as needed,

and we'll have plenty of opportunity to ask questions and learn the ropes. So no worries! The See's Candies Store and Holiday Boutique is a vital part of our operation. It's the basis for the financial gifts we contribute to the community, including most of our Random Acts of Kindness. Please decide which job suits you and then step up and make your choice known. Thank you very much.

Happy New Year,

Leigh Nurre President, SIEG



February 7th is National WEAR RED DAY.® Did you know that heart disease kills more women than all forms of cancer combined? Did you know it's been "...called the Silent Killer because it often has no noticeable symptoms?" This year celebrates the 10th birthday of the Go Red for Women movement. <u>Click Here</u> to see what strides have been made in the last decade.

SAVE THE DATES - Fun times ahead!

February 7	February 8	February 12	February 20
Program Mtg. CCSD Bldg, 8820 EG Blvd. Speakers: Rebecca Stallworth/Toni Merriman	Bunco Fundraiser, Camden Springs Registration:	2 nd Wednesday Lunch Loving Hut, 8355 Elk <i>G</i> rove Blvd.	Business Mtg. Jesse Wright Conf. Ctr., 9275 E. Stock- ton Blvd. #100
7:30 a.m.	9:15 a.m.	11:30 a.m.	6 p.m.

Loving Hut soup

2nd Wednesday Lunch

This month we will meet at <u>The Loving</u> <u>Hut</u>, 8355 Elk Grove Blvd, Elk Grove, at 11:30am, on February 12th.

The Loving Hut's motto is "Be Vegan, Make Peace." Each restaurant "caters to the special cuisines of your particular area..."



It's Bunco Time!

All members are reminded that Saturday, Feb. 8 is our Spring Bunco Party, and we need YOUR help in a variety of ways. Have you signed up to make a gift basket for the drawing? Can you sell five or more tickets to your friends and neighbors? How about helping that morning at the event?

Once again, our fundraiser is at Camden Springs Gracious Retirement Living, 8476 Sheldon Road; same site as the last two Bunco parties. Sign-in begins at 9:15 a.m., the dice will roll at 10 a.m., and we will be all finished by noon. Ticket price remains \$25, with a \$100 cash grand prize. Everyone who registers before Feb. 1 will receive five free drawing tickets.

Camden Springs is again providing fruit, pastries, snacks and beverages. We expect some great gift basket drawing prizes, and hope every member can assist in some way. Make reservations with Leigh Nurre at 916-201-1227 or email nurre@frontiernet.net.

This year, Camden Springs is providing shuttle bus service between the Park & Ride lot on East Stockton Blvd. just south of Sheldon Road, as there is no longer adequate parking at the event site. Disabled guests may be dropped off at the portico at Camden Springs, and then drivers will be directed to the Park & Ride lot.

Call Annajean Neill at 685-9878 or Peggy Ursin at 682-7247 to report how you can help. The more help, the lighter the work for this fun way to raise funds for our programs!

Mark Your Calendar!

District V Winter Meeting

March 8, 2014

Marriott Hotel, Rancho Cordova

Registration opens at 8:30 a.m.

Register early and often. Just kidding!

But seriously, register and plan on attending. This year's speakers will give us an update on Human Trafficking, My Sisters House and Opening Doors. Registration checks (\$33) need to be paid to Peggy.

What Other Clubs are Doing?

Here's a link to the <u>SI Laguna Beach YouTube Channel</u>. They posted their Slideshow of the Healthy Girl Festival 2013. Looks like fun!

Here's a really neat ad from the <u>SI Paranaque</u>. I hope they had an abundance of prom dresses!

And <u>here</u>, Kathy McAfee shares her story about why she became a Soroptimist. What would your story be?

Congratulations Members!

Thank you to all the members who helped make the Elk Grove Police/Fire Community Toy Project a success again this year!

This year, 252 families (800 children) were given toys to help make their Christmas a little bit merrier. Whether you gave cash or toys or both, all were much appreciated.



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Facebook 101

Submitted by Tracey Edwards

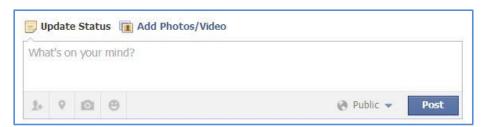
In last month's newsletter, we covered a lot: joining Facebook, creating your security settings, how your News Feed is different than your friends, how to share, mobile settings, and changing your Cover photo.

Today, let's talk about why and how you might want to use Facebook. In today's mobile society, not everyone's family lives in the same town. Some are one town over, one state over, across the nation and around the world. It's hard enough keeping track of your family's milestones and moments, and when you add in your friends, co-workers, club members, clients, etc. Do you have enough Forever stamps? Has your hand cramped up? Is your ear sore and your phone bill astronomical? Oh my, where did the time go?

I use Facebook to keep in touch with: my Mom in Alabama, my sister in South Carolina; my cousins in Indiana, Illinois, New York, Connecticut, and Florida; my aunts and uncles in Louisiana, Florida and New Jersey; my friends in New York, Texas, Washington and Illinois; my clients in Texas...the list goes on!

I spend just 15 minutes in the morning and 15 minutes in the evening. Okay, confession time – I do check it a little more often than that – but you don't have to. Anyway, getting back on track. So, just spending 30 minutes a day, I can: a) let my friends know I'm still alive; b) that I care what's going on in their lives; c) share the cutest cat video (even though I don't have a cat); d) express my gratitude for their friendship; d) tell my Mom I miss and love her; e) bond over shared experiences; and f) share events/photos/links/cartoons/videos, etc.

So, that's the **why** part. Here's the **how** part. Just click either "Update Status" or "Add Photos/Videos." If you click on "Update Status", the box below appears:



Just start typing in the box and click Post. By clicking on the Person Plus icon in the bottom left corner you can add the name of another person. The Location icon is to add the location of where you are. The Camera lets you add a photo from your computer. The Smiley face gives you choices to add what you're doing. And, the Public icon lets you choose who can see your post. (When I'm posting a picture of my grandkids, I've started using the "Family" list that I have created.)

When you click on "Add Photos/Video" you can either upload photos and videos or create a photo album. You can only upload a photo or video that is on your computer.

Next month we will talk about creating your lists or groups of family, friends and acquaintances, and how to share. | am always doing that which | cannot do, in order that | may learn how to do it.

~ Pablo Picasso

On The Web

Here are some quick links for when you're wandering through the Web looking for interesting and informational tidbits!

Our (SIEG) Programs
SI Elk Grove

My Sister's House Soroptimist SNR

Our Global Impact
SI of the Americas

SoroptiVoice Blog Soroptimist Int'l

Please share with your editor when you find something interesting that your fellow members would benefit knowing about, whether a photo, a video, or blog.

We're on Facebook. Are you? Find us here:

www.Facebook.com/SoroptimistElkGrove

Find the Facebook SNR Group here:

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"Out 'n About"



On January 11th, President Leigh Nurre and her husband Charlie, Mary Lewis, Karin and Gary Lindner, Leslie and Jim Konopinski, and Sherry and John McLellan attended the Galt Chamber of Commerce Lobster Feed. Hope you brought your crackers!



Above, Leslie and Jim Konopinski enjoy the table's delights!

On January 25th, Marie Wood, Peggy Ursin, and our unseen photographer Kristine Smith attended SI Sacramento North's fun Bunco party! Peggy even won a prize; maybe she'll wear it to our Bunco event!



On January 30th, some members attended the Soroptimist in the City gathering at Zinfandel Grille.



Kati Treichler, our District Director, organized the gathering. It was a chance for members of Sacramento area clubs to get together and share ideas, programs, fundraiser dates and network.



Here is Governor Janice Labadie listening as Kati welcomes the members.

Below, are pictures taken at the event. And, to top it off, we each received 2 beautiful purple roses.













Pictured above, all of the the attendees from our Club.

Below is a picture of the "After" party at Ettore's where we noshed on "good eats" and shared our memories of the evening.



SOLT - Learning More About Soroptimist

Did you know...that we (Soroptimist International) <u>modified our direction</u> leading to a greater focus on increasing our collective impact? We did.

Did you know...we placed more emphasis on collecting and using our program outcomes? 76% of clubs are participating in the Women's Opportunity Awards. (Sierra Nevada Region is at 100%.)

Did you know...we nurtured our recognition by telling our measurable and sustainable story of collective social change?

We would love to hear from you! Here's our contact information:

Soroptimist Int'l of Elk Grove P.O. Box 881 Elk Grove, CA 95759

www.SoroptimistElkGrove.org

Email us at:
hello@SoroptimistElkGrove.org

I'm Just Saying...

This is the space where every member can express an opinion, provide a few words on a topic of your choosing, brag about grand-children or anything else you want to say (keep it clean!) Please don't be shy. We agreed at the retreat that more members will be contributing to the newsletter from now on, and that means YOU too! So here's my two cents worth from **No One...**



This space, which has been set aside for members to contribute, is vastly underutilized. The editor is sure you have something to say, something to share, photos to share, occasions to share, announcements to share, events to share...do you get the picture? This is your Newsletter; what do you want to read about?

Check out this
video from
SoroptimistRV; we
should make a
local video!

Click Here



February's Favorites

February 11 – Marie Wood February 12 – Leslie Konopinski February 25 – Joyce Link



February Speakers - Two Worthy Women

<u>Rebecca Stallworth</u>, coordinator, Mather Women's Veteran Clinic, is involved with case management and crisis intervention. Rebecca's skills involve referrals for veterans with medical needs, housing needs and veteran womens' health. Did you know that about 8% of the total U.S. Veteran population are women veterans?

Toni Merriman, our Women Honoring Women Who Serve honoree, served in the U.S. Navy and retired in 1992 as a Specialist, Airman 1st Class. She later joined the National Guard and retired from there after several years. Toni is taking a few classes at Cosumnes River College and volunteers under her work study course at the Flora Stone Mather Center for Women. Toni is also a member of the Disabled American Veterans, and volunteers at the Oak Park Outreach Center.

Never believe that a few caring people can't change the world. For, indeed, that's all who ever have.

> Margaret Mead Brainy Quotes

Random (and sometimes wacky) Tips

Submitted by Sherry McLellan

Reheated Pizza

This is *the best* method for reheating pizza! Seriously! Reheat the pizza on the stove in a skillet or frying pan. It's the best reheated Pizza I've ever had. Crispy bottom, melted cheese, hot toppings, and the bread isn't chewy at all like microwaved pizza. Use a medium setting and keep an eye on it so it doesn't burn. Don't use any oil...just put the pizza in the pan. I've always used a non-stick skillet and it's perfect. Enjoy!



SIEG OFFICERS

Leigh Nurre President

Genny Fulp Vice President

Peggy Ursin Treasurer

Lorna Buechler Asst. Treasurer

Diana Holcomb Recording Secretary

Leslie Konopinski Corres. Secretary

Annajean Neill Karin Lindner Delegates

Diane Hollingshead Club Ambassador

Betty Hall Parliamentarian

Tracey Edwards Newsletter

Chocolate Cherry Cordial Brownies

Submitted by Sherry McLellan



Do you love those yummy chocolate covered cherries? Especially around Valentine's Day. Then these brownies might be just perfect for you or your Valentine!

Ingredients for Brownies:

½ cup unsalted butter 1/4 cup dark chocolate chips

1 cup sugar

2 eggs

1 teaspoon vanilla

1/3 cup cocoa ½ cup flour

1/4 teaspoon salt

1/4 teaspoon baking powder

Ingredients for Frosting:

2 cups powdered sugar ½ cup unsalted butter, room temp.

10 ounces jar of maraschino cherries, drained, juice reserved

1 Tbsp. milk

1-2 Tsp. maraschino cherry

1 Tsp. almond extract

1 Tsp. vanilla extract

1/4 cup dark chocolate chips

1 Tsp. vegetable oil

Preheat the oven to 350°F. Grease a 7x11 inch pan. Drain and coarsely chop cherries.

In a small bowl, whisk together flour, dark cocoa powder, salt, and baking powder. Melt butter and pour into large bowl. Whisk in dark chocolate chips until melted. Whisk in sugar & eggs. Stir in dry ingredients. Pour into the prepared pan & bake for 20-25 minutes. Cool completely.

For the buttercream, beat the butter together w/powdered sugar and extracts. Add milk & maraschino juice until it reaches desired consistency. Fold in chopped cherries. Frost cooled brownies. Chill for 30 minutes & cut into squares. Melt remaining 1/4 cup chocolate chips & stir in oil. Drizzle over frosted cut brownies.

MEETING CALENDAR

Feb. 7 Program Meeting - Cosumnes Community Services District, Admin Bldg, Suite B, 8820 Elk Grove Blvd., EG

Feb. 10 Board Meeting – Lorna Buechler, 8531 Kingslynn Ct., EG, 95624

Feb. 20 Business Meeting – Jesse Wright Suites, 9275 E. Stockton Blvd. EG

Mar. 7 Program Meeting – Cosumnes Community Services District, Admin Bldg, Suite B, 8820 Elk Grove Blvd., EG

SOCIAL CALENDAR

Feb. 8 Bunco Fundraiser, Camden Springs, 8476 Sheldon Rd., EG

Feb. 15 SIS Crab Fiesta Fundraiser, St. Mary's Giovanni Hall, 58th and M Streets

Soroptimist Websites

SIERRA NEVADA REGION WWW.SOROPTIMISTSNR.ORG

Governor: Janice Labadie

SOROPTIMIST INT'L OF THE AMERICAS (FEDERATION)

WWW.SOROPTIMIST.ORG

President: Cheri Fleming

SOROPTIMIST INTERNATIONAL WWW.SOROPTIMISTINTERNATIONAL.ORG

President: Ann Garvie

SI of Elk Grove



February 2014

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6	7 Program Meeting 7:30-8:30am CCSD, Admin Bldg., Conf. #B, 8820 EG Blvd. Wear RED Day	8 Senior Ctr. Pancake Break- fast 8-10am
9	Board Mtg. Lorna Buech- ler's Home	11	12 <u>Lunch Bunch</u> 11:30-1:30pm	13	14	15 SIS Crab Fiesta Fundraiser 6:00 pm
16	17	18	19	Business Mtg Jesse Wright Suites 6:pm	21	22
23	24	25	26	27	28	Black – SIEG Green – Fun Orange – Supporting Blue - Info