

## Many women. One goal.

Soroptimist is an international volunteer organization for women who work to improve the lives of women and girls, in local communities and throughout the world. We are a network of more than 80,000 women in 120 countries.

### OUR VISION

Women and girls will have the resources and opportunities to reach their full potential and live their dreams.

### OUR MISSION

*To provide women and girls with access to the education and training they need to achieve economic empowerment.*

### HELPING HANDS

**Creating a better world for our local senior women.**



Soroptimist International of Elk Grove is a dynamic group of local women who work together to help women and children by giving them the resources to create positive change for themselves, their families, their communities and the world. For more information on how you can get involved, visit [www.Soroptimist.org](http://www.Soroptimist.org) or contact:

Soroptimist International of Elk Grove

[www.SoroptimistElkGrove.org](http://www.SoroptimistElkGrove.org)

[hello@SoroptimistElkGrove.org](mailto:hello@SoroptimistElkGrove.org)

*Soroptimist is a 501c(3) organization that relies on charitable contributions to support its programs.*

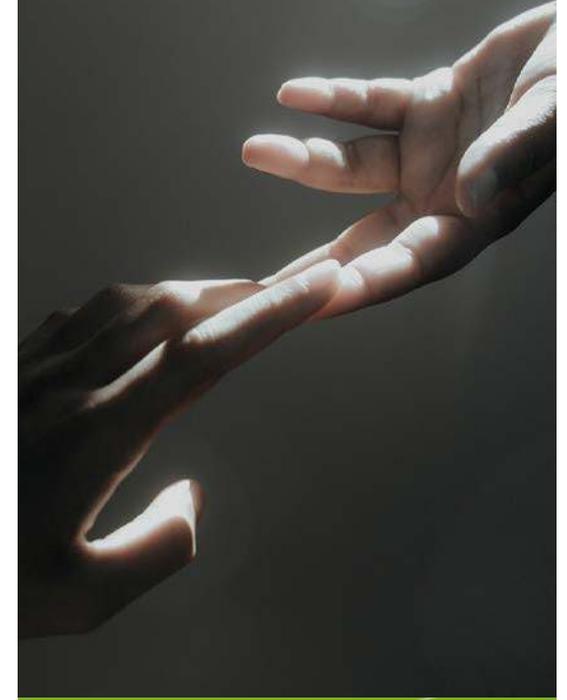


Follow Soroptimist  
on Facebook



[www.Facebook.com/SoroptimistElkGrove](http://www.Facebook.com/SoroptimistElkGrove)

# HELPING HANDS



SOROPTIMIST

Best for Women

# Best for Women

The name Soroptimist means “best for women,” and that’s what the organization strives to achieve. We are women at our best, working to help other women to be *their best*.



~ *Helping Hands* ~  
Supporting local senior women in need.

Soroptimist International of Elk Grove (SIEG) has implemented a program to help senior women age 55 or older who are facing a financial challenge. We offer up to \$300 per individual during a rolling 12-month period to cover needs that are not met through other resources.

In addition to SIEG member recommendations, this funding is being offered to clients of Elk Grove Food Bank Services (EGFBS). EGFBS may request funding for a client when no other program funds are available to cover needs such as utility bills, medical or prescription costs, or household expenses necessary to start new housing. The funds must be for a specific, defined need that is of an urgent nature.

SIEG members or EGFBS personnel vet the recipient and her need to ensure that it is legitimate and falls within the Helping Hands guidelines. Those needing assistance can contact EGFBS.



Elk Grove Food Bank Services  
(EGFBS)  
9820 Dino Drive, Suite 140  
Elk Grove, CA 95624  
(916) 685-8453

*SIEG gratefully accepts  
contributions of any amount to  
support this program.*